

Rockaway Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:28	5.8	10:58	5.0	4:22	-0.1	4:58	-0.3	7:18	4:39	
2	Tue	11:16	5.4	11:48	4.9	5:06	0.2	5:42	0.0	7:18	4:40	
3	Wed			12:06	5.0	5:52	0.5	6:27	0.2	7:18	4:41	
4	Thu	12:38	4.8	12:56	4.7	6:43	0.8	7:16	0.4	7:18	4:41	
5	Fri	1:28	4.7	1:47	4.5	7:41	1.0	8:09	0.5	7:18	4:42	
6	Sat	2:17	4.7	2:39	4.4	8:44	1.0	9:04	0.5	7:18	4:43	
7	Sun	3:08	4.8	3:33	4.4	9:43	0.9	9:57	0.5	7:18	4:44	
8	Mon	3:59	5.0	4:28	4.4	10:37	0.6	10:47	0.3	7:18	4:45	
9	Tue	4:49	5.1	5:21	4.6	11:27	0.4	11:34	0.2	7:18	4:46	
10	Wed	5:37	5.4	6:10	4.7			12:15	0.1	7:18	4:47	
11	Thu	6:23	5.6	6:55	4.9	12:20	0.0	1:02	-0.1	7:17	4:48	
12	Fri	7:05	5.9	7:38	5.1	1:05	-0.1	1:47	-0.3	7:17	4:49	
13	Sat	7:46	6.0	8:19	5.2	1:49	-0.2	2:31	-0.5	7:17	4:51	
14	Sun	8:27	6.1	9:01	5.2	2:33	-0.3	3:14	-0.5	7:16	4:52	
15	Mon	9:09	6.1	9:45	5.3	3:16	-0.4	3:57	-0.5	7:16	4:53	
16	Tue	9:54	6.0	10:33	5.3	4:00	-0.3	4:39	-0.5	7:15	4:54	
17	Wed	10:43	5.8	11:25	5.3	4:46	-0.2	5:24	-0.4	7:15	4:55	
18	Thu	11:38	5.6			5:37	-0.1	6:12	-0.2	7:14	4:56	
19	Fri	12:21	5.4	12:36	5.3	6:35	0.1	7:08	-0.1	7:14	4:57	
20	Sat	1:18	5.4	1:37	5.1	7:42	0.3	8:11	0.0	7:13	4:58	
21	Sun	2:17	5.5	2:39	5.0	8:53	0.2	9:16	0.0	7:13	5:00	
22	Mon	3:18	5.6	3:43	5.0	9:59	0.1	10:18	-0.1	7:12	5:01	
23	Tue	4:19	5.8	4:46	5.1	11:00	-0.2	11:15	-0.3	7:11	5:02	
24	Wed	5:18	6.0	5:46	5.2	11:56	-0.4			7:11	5:03	
25	Thu	6:14	6.2	6:41	5.4	12:08	-0.4	12:48	-0.6	7:10	5:04	
26	Fri	7:05	6.3	7:30	5.6	12:59	-0.5	1:37	-0.8	7:09	5:06	
27	Sat	7:52	6.3	8:16	5.6	1:47	-0.6	2:24	-0.8	7:08	5:07	
28	Sun	8:36	6.2	9:00	5.5	2:33	-0.5	3:07	-0.7	7:07	5:08	
29	Mon	9:19	6.0	9:43	5.4	3:16	-0.4	3:48	-0.6	7:06	5:09	
30	Tue	10:01	5.7	10:26	5.3	3:58	-0.2	4:27	-0.4	7:06	5:11	
31	Wed	10:43	5.3	11:09	5.1	4:38	0.1	5:05	-0.1	7:05	5:12	