

Rockaway Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:12	5.3	10:31	5.4	4:12	0.1	4:30	0.0	6:27	5:46	
2	Fri	10:52	5.0	11:09	5.2	4:49	0.3	5:04	0.3	6:26	5:48	
3	Sat	11:33	4.7	11:49	5.1	5:27	0.6	5:40	0.6	6:24	5:49	
4	Sun			12:20	4.5	6:08	0.8	6:20	0.8	6:23	5:50	
5	Mon	12:33	4.9	1:11	4.3	6:59	1.0	7:13	1.1	6:21	5:51	
6	Tue	1:23	4.8	2:07	4.2	8:06	1.1	8:20	1.2	6:20	5:52	
7	Wed	2:19	4.9	3:06	4.3	9:16	1.1	9:27	1.0	6:18	5:53	
8	Thu	3:19	5.0	4:07	4.5	10:19	0.8	10:28	0.8	6:16	5:54	
9	Fri	4:20	5.3	5:05	4.8	11:15	0.4	11:23	0.4	6:15	5:55	
10	Sat	5:19	5.6	5:59	5.2			12:06	0.0	6:13	5:56	
11	Sun	7:13	6.0	7:48	5.7	12:15	0.0	1:54	-0.3	7:12	6:57	
12	Mon	8:03	6.3	8:35	6.1	2:05	-0.4	2:41	-0.6	7:10	6:59	
13	Tue	8:50	6.5	9:20	6.5	2:55	-0.7	3:26	-0.8	7:08	7:00	
14	Wed	9:37	6.5	10:06	6.6	3:44	-0.9	4:11	-0.9	7:07	7:01	
15	Thu	10:25	6.4	10:53	6.7	4:33	-0.9	4:55	-0.8	7:05	7:02	
16	Fri	11:14	6.1	11:44	6.5	5:21	-0.8	5:41	-0.6	7:03	7:03	
17	Sat			12:08	5.8	6:11	-0.5	6:28	-0.3	7:02	7:04	
18	Sun	12:37	6.3	1:05	5.5	7:05	-0.2	7:22	0.1	7:00	7:05	
19	Mon	1:34	6.0	2:04	5.2	8:05	0.2	8:23	0.4	6:59	7:06	
20	Tue	2:33	5.7	3:06	5.0	9:11	0.4	9:31	0.6	6:57	7:07	
21	Wed	3:34	5.6	4:08	5.0	10:18	0.4	10:38	0.6	6:55	7:08	
22	Thu	4:35	5.5	5:09	5.1	11:20	0.3	11:38	0.5	6:54	7:09	
23	Fri	5:36	5.5	6:08	5.3			12:14	0.1	6:52	7:10	
24	Sat	6:33	5.7	7:01	5.5	12:32	0.3	1:03	-0.1	6:50	7:11	
25	Sun	7:23	5.8	7:47	5.8	1:20	0.1	1:48	-0.2	6:49	7:12	
26	Mon	8:08	5.9	8:30	6.0	2:06	0.0	2:29	-0.3	6:47	7:13	
27	Tue	8:50	5.9	9:08	6.0	2:49	-0.1	3:09	-0.3	6:45	7:15	
28	Wed	9:29	5.8	9:45	6.0	3:30	-0.1	3:46	-0.2	6:44	7:16	
29	Thu	10:06	5.6	10:20	5.9	4:09	0.0	4:22	0.0	6:42	7:17	
30	Fri	10:43	5.3	10:54	5.7	4:47	0.1	4:57	0.2	6:40	7:18	
31	Sat	11:21	5.1	11:28	5.5	5:23	0.3	5:31	0.5	6:39	7:19	