

Rockaway Beach (inside), NY - Jan 2076

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:01	5.1	3:19	4.7	9:39	0.6	9:58	0.3	7:18	4:38	
2	Thu	3:58	5.5	4:23	4.8	10:40	0.2	10:54	0.0	7:18	4:39	
3	Fri	4:56	5.9	5:24	5.1	11:38	-0.3	11:47	-0.3	7:18	4:40	
4	Sat	5:53	6.3	6:21	5.3			12:32	-0.6	7:18	4:41	
5	Sun	6:47	6.6	7:15	5.6	12:40	-0.6	1:26	-0.9	7:18	4:42	
6	Mon	7:39	6.9	8:06	5.7	1:33	-0.8	2:18	-1.1	7:18	4:43	
7	Tue	8:30	6.9	8:58	5.8	2:26	-0.9	3:09	-1.2	7:18	4:44	
8	Wed	9:20	6.8	9:50	5.7	3:17	-0.9	3:59	-1.1	7:18	4:45	
9	Thu	10:12	6.5	10:43	5.6	4:08	-0.8	4:47	-1.0	7:18	4:46	
10	Fri	11:05	6.1	11:38	5.5	4:59	-0.5	5:36	-0.7	7:18	4:47	
11	Sat	11:59	5.7			5:51	-0.1	6:26	-0.4	7:17	4:48	
12	Sun	12:33	5.4	12:54	5.3	6:48	0.2	7:19	-0.2	7:17	4:49	
13	Mon	1:27	5.3	1:49	5.0	7:49	0.5	8:15	0.1	7:17	4:50	
14	Tue	2:20	5.2	2:45	4.7	8:53	0.6	9:10	0.2	7:16	4:51	
15	Wed	3:13	5.2	3:41	4.6	9:54	0.5	10:04	0.2	7:16	4:52	
16	Thu	4:06	5.2	4:37	4.6	10:48	0.4	10:54	0.2	7:16	4:53	
17	Fri	4:59	5.3	5:31	4.6	11:38	0.2	11:41	0.1	7:15	4:54	
18	Sat	5:49	5.4	6:21	4.8			12:25	0.1	7:15	4:56	
19	Sun	6:35	5.5	7:06	4.9	12:27	0.1	1:10	0.0	7:14	4:57	
20	Mon	7:18	5.6	7:48	4.9	1:11	0.0	1:53	-0.1	7:13	4:58	
21	Tue	7:57	5.6	8:28	4.9	1:53	0.0	2:34	-0.1	7:13	4:59	
22	Wed	8:32	5.5	9:05	4.8	2:34	0.1	3:13	-0.1	7:12	5:00	
23	Thu	9:06	5.5	9:42	4.8	3:13	0.2	3:50	0.0	7:12	5:01	
24	Fri	9:39	5.3	10:19	4.7	3:50	0.3	4:24	0.1	7:11	5:03	
25	Sat	10:14	5.2	10:57	4.7	4:26	0.4	4:58	0.2	7:10	5:04	
26	Sun	10:54	5.0	11:40	4.7	5:02	0.5	5:31	0.3	7:09	5:05	
27	Mon	11:43	4.9			5:45	0.6	6:09	0.4	7:09	5:06	
28	Tue	12:29	4.9	12:40	4.7	6:39	0.7	7:00	0.6	7:08	5:07	
29	Wed	1:23	5.0	1:43	4.6	7:51	0.7	8:10	0.6	7:07	5:09	
30	Thu	2:22	5.2	2:49	4.5	9:07	0.6	9:22	0.5	7:06	5:10	
31	Fri	3:25	5.5	3:56	4.7	10:16	0.2	10:27	0.2	7:05	5:11	