

Rockaway Beach (inside), NY - Jan 2080

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:06	5.0	2:32	4.5	8:43	0.8	9:03	0.4	7:18	4:38	
2	Tue	3:04	5.3	3:37	4.6	9:54	0.5	10:04	0.2	7:18	4:39	
3	Wed	4:04	5.7	4:42	4.7	10:56	0.1	11:02	-0.1	7:18	4:40	
4	Thu	5:05	6.0	5:43	5.0	11:54	-0.3	11:58	-0.4	7:18	4:41	
5	Fri	6:04	6.4	6:41	5.3			12:50	-0.6	7:18	4:42	
6	Sat	7:00	6.6	7:34	5.5	12:53	-0.7	1:44	-0.8	7:18	4:43	
7	Sun	7:52	6.8	8:26	5.7	1:47	-0.9	2:36	-1.0	7:18	4:44	
8	Mon	8:43	6.7	9:17	5.7	2:39	-0.9	3:26	-1.0	7:18	4:45	
9	Tue	9:32	6.5	10:08	5.6	3:30	-0.8	4:14	-1.0	7:18	4:46	
10	Wed	10:22	6.2	11:01	5.5	4:20	-0.6	5:00	-0.8	7:18	4:47	
11	Thu	11:13	5.8	11:53	5.4	5:09	-0.3	5:45	-0.5	7:17	4:48	
12	Fri			12:05	5.3	6:00	0.1	6:32	-0.2	7:17	4:49	
13	Sat	12:45	5.3	12:58	4.9	6:55	0.4	7:22	0.2	7:17	4:50	
14	Sun	1:36	5.2	1:51	4.6	7:54	0.6	8:16	0.4	7:16	4:51	
15	Mon	2:27	5.1	2:46	4.4	8:56	0.7	9:12	0.6	7:16	4:52	
16	Tue	3:19	5.1	3:42	4.2	9:56	0.7	10:06	0.6	7:16	4:53	
17	Wed	4:12	5.1	4:39	4.3	10:50	0.5	10:57	0.5	7:15	4:54	
18	Thu	5:06	5.1	5:34	4.4	11:40	0.4	11:46	0.4	7:15	4:56	
19	Fri	5:57	5.2	6:23	4.5			12:28	0.2	7:14	4:57	
20	Sat	6:43	5.4	7:08	4.6	12:32	0.3	1:13	0.1	7:13	4:58	
21	Sun	7:25	5.5	7:49	4.7	1:16	0.2	1:56	0.0	7:13	4:59	
22	Mon	8:03	5.5	8:28	4.8	1:58	0.2	2:37	-0.1	7:12	5:00	
23	Tue	8:38	5.5	9:04	4.8	2:38	0.2	3:16	-0.2	7:12	5:01	
24	Wed	9:11	5.5	9:39	4.8	3:16	0.3	3:52	-0.1	7:11	5:03	
25	Thu	9:45	5.3	10:15	4.8	3:52	0.4	4:26	-0.1	7:10	5:04	
26	Fri	10:22	5.2	10:55	4.9	4:28	0.4	4:59	0.0	7:09	5:05	
27	Sat	11:06	5.0	11:40	5.0	5:06	0.5	5:33	0.2	7:09	5:06	
28	Sun	11:59	4.7			5:52	0.6	6:14	0.3	7:08	5:08	
29	Mon	12:31	5.1	12:59	4.5	6:52	0.7	7:10	0.5	7:07	5:09	
30	Tue	1:29	5.3	2:04	4.4	8:11	0.7	8:23	0.5	7:06	5:10	
31	Wed	2:31	5.4	3:12	4.4	9:29	0.6	9:37	0.4	7:05	5:11	