

Rockaway Beach (inside), NY - Mar 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:38	5.3	5:12	4.9	11:23	0.2	11:35	0.2	6:28	5:46	
2	Sun	5:35	5.7	6:05	5.4			12:14	-0.2	6:26	5:47	
3	Mon	6:28	6.1	6:54	5.9	12:27	-0.2	1:01	-0.6	6:25	5:48	
4	Tue	7:17	6.3	7:41	6.3	1:18	-0.6	1:48	-0.9	6:23	5:50	
5	Wed	8:04	6.5	8:26	6.6	2:08	-0.8	2:33	-1.0	6:21	5:51	
6	Thu	8:51	6.4	9:13	6.7	2:57	-0.9	3:18	-1.0	6:20	5:52	
7	Fri	9:39	6.2	10:01	6.7	3:45	-0.9	4:03	-0.9	6:18	5:53	
8	Sat	10:30	5.9	10:52	6.5	4:34	-0.7	4:50	-0.6	6:17	5:54	
9	Sun			12:25	5.6	6:25	-0.4	6:39	-0.3	7:15	6:55	
10	Mon	12:47	6.2	1:23	5.3	7:20	0.0	7:35	0.1	7:13	6:56	
11	Tue	1:45	5.8	2:23	5.1	8:23	0.3	8:38	0.4	7:12	6:57	
12	Wed	2:45	5.6	3:25	5.0	9:31	0.5	9:45	0.6	7:10	6:58	
13	Thu	3:46	5.4	4:26	5.0	10:38	0.4	10:50	0.5	7:09	6:59	
14	Fri	4:47	5.4	5:27	5.1	11:37	0.3	11:48	0.4	7:07	7:01	
15	Sat	5:46	5.4	6:23	5.4			12:28	0.1	7:05	7:02	
16	Sun	6:41	5.6	7:13	5.7	12:40	0.2	1:14	-0.1	7:04	7:03	
17	Mon	7:29	5.7	7:58	5.9	1:27	0.0	1:57	-0.2	7:02	7:04	
18	Tue	8:13	5.7	8:38	6.0	2:12	-0.1	2:37	-0.2	7:00	7:05	
19	Wed	8:53	5.7	9:16	6.1	2:55	-0.2	3:15	-0.2	6:59	7:06	
20	Thu	9:31	5.6	9:52	6.0	3:35	-0.2	3:52	-0.1	6:57	7:07	
21	Fri	10:07	5.4	10:27	5.8	4:14	-0.1	4:27	0.1	6:56	7:08	
22	Sat	10:43	5.2	11:01	5.6	4:51	0.1	5:00	0.3	6:54	7:09	
23	Sun	11:19	5.0	11:35	5.4	5:28	0.3	5:32	0.6	6:52	7:10	
24	Mon	11:58	4.7			6:04	0.5	6:04	0.8	6:51	7:11	
25	Tue	12:13	5.2	12:43	4.6	6:44	0.7	6:38	1.1	6:49	7:12	
26	Wed	12:58	5.1	1:36	4.4	7:33	0.9	7:26	1.2	6:47	7:13	
27	Thu	1:53	5.1	2:35	4.4	8:38	1.0	8:41	1.3	6:46	7:14	
28	Fri	2:54	5.1	3:36	4.6	9:49	0.9	10:01	1.2	6:44	7:15	
29	Sat	3:58	5.2	4:38	4.9	10:53	0.6	11:09	0.8	6:42	7:16	
30	Sun	5:02	5.5	5:38	5.4	11:49	0.3			6:41	7:17	
31	Mon	6:03	5.8	6:34	5.9	12:08	0.3	12:41	-0.1	6:39	7:19	