

Rockaway Beach (inside), NY - Jan 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:16	5.1	4:46	4.6	10:57	0.5	11:07	0.2	7:18	4:39	
2	Tue	5:06	5.4	5:38	4.8	11:47	0.2	11:54	0.0	7:18	4:39	
3	Wed	5:55	5.7	6:27	5.0			12:35	-0.1	7:18	4:40	
4	Thu	6:41	6.0	7:13	5.2	12:41	-0.2	1:22	-0.4	7:18	4:41	
5	Fri	7:25	6.2	7:58	5.4	1:27	-0.4	2:09	-0.6	7:18	4:42	
6	Sat	8:09	6.4	8:42	5.5	2:13	-0.6	2:55	-0.7	7:18	4:43	
7	Sun	8:54	6.4	9:29	5.5	2:59	-0.6	3:40	-0.8	7:18	4:44	
8	Mon	9:41	6.3	10:18	5.5	3:46	-0.6	4:26	-0.7	7:18	4:45	
9	Tue	10:31	6.1	11:12	5.5	4:34	-0.5	5:12	-0.6	7:18	4:46	
10	Wed	11:26	5.8			5:25	-0.3	6:02	-0.4	7:17	4:47	
11	Thu	12:08	5.5	12:24	5.5	6:22	-0.1	6:57	-0.2	7:17	4:48	
12	Fri	1:06	5.5	1:23	5.3	7:26	0.1	7:58	-0.1	7:17	4:49	
13	Sat	2:04	5.6	2:24	5.1	8:34	0.2	9:01	-0.1	7:17	4:50	
14	Sun	3:02	5.6	3:25	5.0	9:40	0.1	10:01	-0.1	7:16	4:51	
15	Mon	4:02	5.7	4:27	5.0	10:41	-0.1	10:57	-0.2	7:16	4:53	
16	Tue	5:00	5.8	5:26	5.1	11:36	-0.3	11:50	-0.3	7:15	4:54	
17	Wed	5:55	6.0	6:20	5.3			12:27	-0.5	7:15	4:55	
18	Thu	6:45	6.1	7:10	5.4	12:39	-0.4	1:16	-0.6	7:14	4:56	
19	Fri	7:31	6.1	7:55	5.4	1:26	-0.4	2:01	-0.6	7:14	4:57	
20	Sat	8:14	6.1	8:38	5.4	2:10	-0.4	2:44	-0.6	7:13	4:58	
21	Sun	8:55	5.9	9:19	5.3	2:53	-0.3	3:25	-0.5	7:13	4:59	
22	Mon	9:36	5.7	10:00	5.2	3:33	-0.1	4:03	-0.4	7:12	5:01	
23	Tue	10:16	5.4	10:41	5.0	4:13	0.1	4:41	-0.1	7:11	5:02	
24	Wed	10:56	5.1	11:23	4.9	4:51	0.3	5:18	0.1	7:11	5:03	
25	Thu	11:39	4.8			5:31	0.6	5:57	0.3	7:10	5:04	
26	Fri	12:07	4.7	12:25	4.5	6:15	0.8	6:40	0.5	7:09	5:05	
27	Sat	12:53	4.7	1:15	4.3	7:08	1.0	7:32	0.7	7:08	5:07	
28	Sun	1:42	4.7	2:10	4.3	8:13	1.0	8:33	0.8	7:07	5:08	
29	Mon	2:33	4.8	3:07	4.3	9:20	0.9	9:34	0.7	7:06	5:09	
30	Tue	3:29	5.0	4:07	4.4	10:21	0.6	10:31	0.4	7:06	5:10	
31	Wed	4:26	5.2	5:05	4.6	11:17	0.3	11:24	0.1	7:05	5:12	