

Rockaway Beach (inside), NY - Jan 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:28	5.8	7:58	5.0	1:22	-0.1	2:03	-0.2	7:18	4:39	
2	Sat	8:07	5.7	8:38	4.9	2:04	-0.1	2:44	-0.1	7:18	4:40	
3	Sun	8:45	5.6	9:18	4.8	2:45	0.0	3:24	0.0	7:18	4:41	
4	Mon	9:20	5.4	9:57	4.6	3:24	0.2	4:02	0.1	7:18	4:42	
5	Tue	9:55	5.2	10:37	4.5	4:01	0.4	4:39	0.2	7:18	4:42	
6	Wed	10:31	5.0	11:20	4.4	4:38	0.6	5:15	0.4	7:18	4:43	
7	Thu	11:11	4.9			5:16	0.8	5:53	0.5	7:18	4:44	
8	Fri	12:05	4.4	11:59 AM	4.7	5:59	0.9	6:36	0.6	7:18	4:45	
9	Sat	12:53	4.5	12:55	4.6	6:56	1.0	7:30	0.7	7:18	4:46	
10	Sun	1:45	4.7	1:55	4.5	8:07	0.9	8:34	0.6	7:17	4:47	
11	Mon	2:39	5.0	2:58	4.6	9:18	0.7	9:37	0.4	7:17	4:48	
12	Tue	3:37	5.3	4:03	4.7	10:22	0.3	10:35	0.2	7:17	4:50	
13	Wed	4:36	5.7	5:05	4.9	11:21	-0.1	11:30	-0.2	7:16	4:51	
14	Thu	5:35	6.1	6:04	5.2			12:16	-0.5	7:16	4:52	
15	Fri	6:30	6.5	6:59	5.5	12:24	-0.5	1:10	-0.8	7:16	4:53	
16	Sat	7:23	6.8	7:51	5.7	1:18	-0.8	2:02	-1.1	7:15	4:54	
17	Sun	8:14	6.9	8:41	5.9	2:10	-1.0	2:53	-1.2	7:15	4:55	
18	Mon	9:04	6.8	9:32	5.9	3:02	-1.0	3:42	-1.2	7:14	4:56	
19	Tue	9:55	6.6	10:25	5.8	3:52	-0.9	4:30	-1.1	7:14	4:57	
20	Wed	10:47	6.2	11:18	5.7	4:42	-0.7	5:17	-0.9	7:13	4:59	
21	Thu	11:40	5.8			5:34	-0.3	6:06	-0.6	7:12	5:00	
22	Fri	12:12	5.6	12:35	5.4	6:28	0.0	6:57	-0.3	7:12	5:01	
23	Sat	1:06	5.4	1:30	5.0	7:28	0.3	7:52	0.0	7:11	5:02	
24	Sun	1:59	5.3	2:26	4.8	8:32	0.5	8:50	0.2	7:10	5:03	
25	Mon	2:53	5.2	3:23	4.6	9:35	0.5	9:46	0.3	7:10	5:05	
26	Tue	3:48	5.2	4:20	4.6	10:33	0.4	10:39	0.3	7:09	5:06	
27	Wed	4:42	5.2	5:16	4.6	11:25	0.3	11:28	0.2	7:08	5:07	
28	Thu	5:35	5.3	6:08	4.8			12:13	0.2	7:07	5:08	
29	Fri	6:24	5.5	6:55	4.9	12:15	0.1	12:58	0.0	7:06	5:09	
30	Sat	7:07	5.6	7:38	5.0	1:00	0.0	1:41	-0.1	7:05	5:11	
31	Sun	7:47	5.6	8:17	5.0	1:43	0.0	2:22	-0.1	7:04	5:12	