

Rockaway Beach (inside), NY - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:23	5.6	7:53	5.3	1:21	0.1	1:55	-0.1	6:27	5:47	
2	Tue	8:00	5.6	8:29	5.4	2:02	0.1	2:33	-0.1	6:26	5:48	
3	Wed	8:34	5.6	9:03	5.5	2:42	0.0	3:09	-0.1	6:24	5:49	
4	Thu	9:08	5.5	9:36	5.5	3:21	0.1	3:43	0.0	6:23	5:50	
5	Fri	9:42	5.4	10:10	5.5	3:57	0.1	4:15	0.1	6:21	5:51	
6	Sat	10:20	5.2	10:48	5.5	4:34	0.2	4:46	0.3	6:19	5:52	
7	Sun	11:05	5.0	11:34	5.5	5:13	0.3	5:19	0.5	6:18	5:53	
8	Mon	11:59	4.8			6:00	0.5	6:02	0.6	6:16	5:54	
9	Tue	12:29	5.4	1:01	4.7	7:02	0.6	7:06	0.8	6:15	5:55	
10	Wed	1:31	5.5	2:08	4.6	8:19	0.7	8:30	0.8	6:13	5:57	
11	Thu	2:38	5.5	3:16	4.8	9:33	0.5	9:46	0.6	6:11	5:58	
12	Fri	3:46	5.7	4:23	5.1	10:38	0.2	10:51	0.2	6:10	5:59	
13	Sat	4:52	6.0	5:26	5.5	11:36	-0.3	11:50	-0.2	6:08	6:00	
14	Sun	6:54	6.3	7:24	6.0			1:30	-0.6	7:07	7:01	
15	Mon	7:49	6.6	8:15	6.4	1:46	-0.6	2:20	-0.9	7:05	7:02	
16	Tue	8:39	6.7	9:04	6.6	2:38	-0.8	3:08	-1.1	7:03	7:03	
17	Wed	9:27	6.7	9:50	6.7	3:28	-0.9	3:53	-1.1	7:02	7:04	
18	Thu	10:13	6.5	10:35	6.6	4:16	-0.9	4:37	-0.9	7:00	7:05	
19	Fri	11:00	6.1	11:20	6.4	5:02	-0.7	5:19	-0.6	6:58	7:06	
20	Sat	11:48	5.7			5:47	-0.3	6:01	-0.2	6:57	7:07	
21	Sun	12:06	6.0	12:38	5.3	6:33	0.1	6:44	0.3	6:55	7:08	
22	Mon	12:54	5.7	1:31	4.9	7:21	0.5	7:31	0.7	6:53	7:09	
23	Tue	1:45	5.3	2:25	4.6	8:16	0.8	8:26	1.1	6:52	7:10	
24	Wed	2:38	5.1	3:20	4.5	9:19	1.0	9:29	1.2	6:50	7:12	
25	Thu	3:34	4.9	4:18	4.5	10:23	1.1	10:32	1.2	6:48	7:13	
26	Fri	4:31	4.9	5:15	4.6	11:21	0.9	11:30	1.0	6:47	7:14	
27	Sat	5:29	5.0	6:10	4.9			12:12	0.7	6:45	7:15	
28	Sun	6:23	5.1	7:00	5.2	12:21	0.8	12:58	0.4	6:43	7:16	
29	Mon	7:10	5.3	7:44	5.5	1:09	0.5	1:41	0.2	6:42	7:17	
30	Tue	7:53	5.5	8:23	5.7	1:54	0.3	2:22	0.1	6:40	7:18	
31	Wed	8:32	5.6	8:59	5.9	2:37	0.2	3:01	0.0	6:39	7:19	