

## Rockaway Beach (inside), NY - Aug 2007

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 2:15  | 5.1 | 2:48  | 6.0 | 8:32  | 0.7  | 9:31  | 1.0  | 5:53                                                                                | 8:09 |    |
| 2    | Fri | 3:18  | 5.0 | 3:48  | 6.1 | 9:39  | 0.7  | 10:43 | 0.8  | 5:54                                                                                | 8:08 |    |
| 3    | Sat | 4:23  | 5.0 | 4:51  | 6.3 | 10:46 | 0.6  | 11:48 | 0.6  | 5:55                                                                                | 8:07 |    |
| 4    | Sun | 5:30  | 5.1 | 5:55  | 6.5 | 11:50 | 0.3  |       |      | 5:56                                                                                | 8:06 |    |
| 5    | Mon | 6:34  | 5.3 | 6:56  | 6.7 | 12:48 | 0.2  | 12:49 | 0.1  | 5:57                                                                                | 8:05 |    |
| 6    | Tue | 7:34  | 5.6 | 7:53  | 6.9 | 1:44  | -0.1 | 1:46  | -0.1 | 5:58                                                                                | 8:04 |    |
| 7    | Wed | 8:29  | 5.9 | 8:45  | 7.0 | 2:38  | -0.3 | 2:40  | -0.2 | 5:59                                                                                | 8:02 |    |
| 8    | Thu | 9:20  | 6.1 | 9:34  | 6.9 | 3:28  | -0.5 | 3:33  | -0.2 | 6:00                                                                                | 8:01 |    |
| 9    | Fri | 10:10 | 6.2 | 10:21 | 6.7 | 4:15  | -0.6 | 4:22  | -0.1 | 6:01                                                                                | 8:00 |    |
| 10   | Sat | 10:58 | 6.2 | 11:08 | 6.3 | 4:59  | -0.5 | 5:10  | 0.1  | 6:02                                                                                | 7:59 |    |
| 11   | Sun | 11:46 | 6.1 | 11:56 | 5.9 | 5:41  | -0.3 | 5:56  | 0.3  | 6:03                                                                                | 7:57 |    |
| 12   | Mon |       |     | 12:33 | 6.0 | 6:22  | 0.0  | 6:43  | 0.6  | 6:04                                                                                | 7:56 |   |
| 13   | Tue | 12:44 | 5.5 | 1:21  | 5.8 | 7:03  | 0.4  | 7:32  | 0.9  | 6:05                                                                                | 7:55 |  |
| 14   | Wed | 1:34  | 5.1 | 2:08  | 5.7 | 7:47  | 0.8  | 8:26  | 1.2  | 6:06                                                                                | 7:53 |  |
| 15   | Thu | 2:25  | 4.8 | 2:57  | 5.6 | 8:36  | 1.1  | 9:26  | 1.3  | 6:07                                                                                | 7:52 |  |
| 16   | Fri | 3:17  | 4.6 | 3:48  | 5.5 | 9:33  | 1.2  | 10:26 | 1.3  | 6:08                                                                                | 7:50 |  |
| 17   | Sat | 4:12  | 4.5 | 4:41  | 5.4 | 10:31 | 1.3  | 11:23 | 1.2  | 6:09                                                                                | 7:49 |  |
| 18   | Sun | 5:09  | 4.6 | 5:35  | 5.5 | 11:26 | 1.2  |       |      | 6:10                                                                                | 7:48 |  |
| 19   | Mon | 6:05  | 4.7 | 6:28  | 5.6 | 12:15 | 1.0  | 12:18 | 1.1  | 6:10                                                                                | 7:46 |  |
| 20   | Tue | 6:58  | 4.9 | 7:16  | 5.8 | 1:04  | 0.7  | 1:06  | 0.9  | 6:11                                                                                | 7:45 |  |
| 21   | Wed | 7:45  | 5.1 | 7:58  | 6.0 | 1:50  | 0.5  | 1:51  | 0.8  | 6:12                                                                                | 7:43 |  |
| 22   | Thu | 8:27  | 5.3 | 8:37  | 6.1 | 2:33  | 0.3  | 2:36  | 0.7  | 6:13                                                                                | 7:42 |  |
| 23   | Fri | 9:06  | 5.5 | 9:15  | 6.2 | 3:15  | 0.1  | 3:18  | 0.7  | 6:14                                                                                | 7:40 |  |
| 24   | Sat | 9:43  | 5.6 | 9:51  | 6.1 | 3:54  | 0.1  | 4:00  | 0.6  | 6:15                                                                                | 7:39 |  |
| 25   | Sun | 10:20 | 5.8 | 10:30 | 6.0 | 4:31  | 0.1  | 4:41  | 0.6  | 6:16                                                                                | 7:37 |  |
| 26   | Mon | 10:58 | 5.9 | 11:12 | 5.7 | 5:06  | 0.1  | 5:22  | 0.6  | 6:17                                                                                | 7:36 |  |
| 27   | Tue | 11:42 | 6.0 |       |     | 5:42  | 0.3  | 6:07  | 0.7  | 6:18                                                                                | 7:34 |  |
| 28   | Wed | 12:01 | 5.5 | 12:31 | 6.0 | 6:21  | 0.4  | 6:58  | 0.9  | 6:19                                                                                | 7:32 |  |
| 29   | Thu | 12:58 | 5.2 | 1:26  | 6.0 | 7:08  | 0.6  | 8:01  | 1.0  | 6:20                                                                                | 7:31 |  |
| 30   | Fri | 2:00  | 5.0 | 2:27  | 6.0 | 8:08  | 0.8  | 9:16  | 1.1  | 6:21                                                                                | 7:29 |  |
| 31   | Sat | 3:05  | 4.9 | 3:31  | 6.0 | 9:22  | 0.9  | 10:30 | 0.9  | 6:22                                                                                | 7:28 |  |