

Rockaway Beach (inside), NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:03	5.2	2:53	4.2	9:09	0.9	9:13	0.9	6:27	5:46	
2	Mon	3:13	5.4	4:03	4.5	10:21	0.6	10:23	0.5	6:26	5:47	
3	Tue	4:23	5.7	5:08	4.9	11:21	0.2	11:25	0.0	6:24	5:49	
4	Wed	5:28	6.0	6:07	5.5			12:15	-0.3	6:23	5:50	
5	Thu	6:25	6.4	7:00	6.0	12:22	-0.4	1:05	-0.7	6:21	5:51	
6	Fri	7:17	6.6	7:49	6.4	1:16	-0.8	1:53	-1.0	6:20	5:52	
7	Sat	8:06	6.7	8:36	6.7	2:08	-1.0	2:38	-1.1	6:18	5:53	
8	Sun	9:53	6.5	10:22	6.8	3:58	-1.0	4:22	-1.1	7:17	6:54	
9	Mon	10:40	6.2	11:08	6.6	4:46	-0.9	5:05	-0.8	7:15	6:55	
10	Tue	11:29	5.8	11:56	6.3	5:33	-0.7	5:48	-0.4	7:13	6:56	
11	Wed			12:20	5.3	6:20	-0.3	6:33	0.1	7:12	6:57	
12	Thu	12:46	5.9	1:14	4.9	7:11	0.2	7:22	0.6	7:10	6:58	
13	Fri	1:40	5.5	2:11	4.6	8:08	0.6	8:20	1.0	7:08	7:00	
14	Sat	2:36	5.2	3:10	4.4	9:13	0.9	9:27	1.2	7:07	7:01	
15	Sun	3:35	4.9	4:11	4.3	10:22	1.0	10:34	1.2	7:05	7:02	
16	Mon	4:37	4.9	5:12	4.4	11:23	0.9	11:34	1.0	7:04	7:03	
17	Tue	5:37	5.0	6:09	4.7			12:15	0.7	7:02	7:04	
18	Wed	6:32	5.1	7:00	5.0	12:26	0.8	1:00	0.4	7:00	7:05	
19	Thu	7:19	5.3	7:44	5.3	1:13	0.6	1:42	0.2	6:59	7:06	
20	Fri	8:01	5.4	8:23	5.6	1:57	0.4	2:21	0.0	6:57	7:07	
21	Sat	8:38	5.5	8:58	5.7	2:39	0.3	2:58	-0.1	6:55	7:08	
22	Sun	9:14	5.4	9:31	5.8	3:18	0.2	3:34	0.0	6:54	7:09	
23	Mon	9:48	5.3	10:01	5.8	3:56	0.2	4:08	0.1	6:52	7:10	
24	Tue	10:21	5.2	10:30	5.8	4:32	0.2	4:40	0.3	6:50	7:11	
25	Wed	10:56	5.0	11:02	5.7	5:07	0.3	5:10	0.5	6:49	7:12	
26	Thu	11:35	4.8	11:41	5.6	5:42	0.4	5:41	0.7	6:47	7:13	
27	Fri			12:23	4.6	6:22	0.6	6:18	0.8	6:45	7:14	
28	Sat	12:32	5.6	1:22	4.4	7:13	0.8	7:09	1.0	6:44	7:15	
29	Sun	1:33	5.5	2:28	4.4	8:25	1.0	8:25	1.1	6:42	7:17	
30	Mon	2:42	5.5	3:35	4.5	9:46	0.9	9:51	1.0	6:41	7:18	
31	Tue	3:52	5.6	4:42	4.9	10:56	0.6	11:04	0.6	6:39	7:19	