

Rockaway Beach (inside), NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:08	5.5	7:34	6.8	1:17	-0.1	1:26	0.0	5:26	8:20	
2	Tue	8:01	5.5	8:22	6.7	2:09	-0.2	2:15	0.1	5:26	8:20	
3	Wed	8:50	5.5	9:09	6.6	2:59	-0.2	3:03	0.2	5:25	8:21	
4	Thu	9:38	5.4	9:54	6.4	3:47	-0.1	3:50	0.4	5:25	8:22	
5	Fri	10:25	5.2	10:39	6.1	4:33	0.0	4:34	0.6	5:25	8:22	
6	Sat	11:13	5.0	11:26	5.8	5:18	0.2	5:18	0.8	5:24	8:23	
7	Sun			12:03	4.9	6:01	0.4	6:01	1.1	5:24	8:24	
8	Mon	12:13	5.5	12:53	4.8	6:44	0.6	6:47	1.3	5:24	8:24	
9	Tue	1:01	5.2	1:43	4.8	7:29	0.7	7:37	1.5	5:24	8:25	
10	Wed	1:49	5.0	2:31	4.9	8:16	0.8	8:35	1.6	5:24	8:25	
11	Thu	2:37	4.8	3:17	5.1	9:05	0.9	9:36	1.6	5:24	8:26	
12	Fri	3:26	4.7	4:04	5.3	9:56	0.8	10:35	1.4	5:24	8:26	
13	Sat	4:18	4.6	4:50	5.5	10:45	0.8	11:29	1.2	5:24	8:27	
14	Sun	5:12	4.6	5:37	5.7	11:34	0.7			5:24	8:27	
15	Mon	6:07	4.7	6:25	5.9	12:20	0.9	12:21	0.7	5:24	8:28	
16	Tue	6:59	4.8	7:12	6.1	1:09	0.6	1:08	0.6	5:24	8:28	
17	Wed	7:49	5.0	7:58	6.4	1:59	0.4	1:55	0.5	5:24	8:28	
18	Thu	8:37	5.1	8:44	6.5	2:48	0.2	2:44	0.4	5:24	8:29	
19	Fri	9:23	5.2	9:30	6.6	3:37	0.0	3:32	0.3	5:24	8:29	
20	Sat	10:11	5.2	10:18	6.6	4:26	-0.1	4:21	0.3	5:24	8:29	
21	Sun	11:02	5.3	11:09	6.5	5:13	-0.1	5:10	0.3	5:24	8:29	
22	Mon	11:56	5.4			5:59	-0.1	6:01	0.4	5:25	8:29	
23	Tue	12:02	6.3	12:51	5.6	6:47	-0.1	6:56	0.5	5:25	8:30	
24	Wed	12:58	6.1	1:47	5.8	7:37	0.0	7:56	0.6	5:25	8:30	
25	Thu	1:54	5.8	2:41	6.0	8:30	0.1	9:00	0.7	5:26	8:30	
26	Fri	2:51	5.6	3:35	6.1	9:26	0.1	10:06	0.7	5:26	8:30	
27	Sat	3:49	5.3	4:30	6.3	10:23	0.2	11:07	0.5	5:26	8:30	
28	Sun	4:48	5.2	5:25	6.3	11:18	0.2			5:27	8:30	
29	Mon	5:48	5.1	6:19	6.4	12:04	0.4	12:11	0.3	5:27	8:30	
30	Tue	6:47	5.1	7:13	6.4	12:58	0.3	1:02	0.3	5:28	8:30	