

Rockaway Beach (inside), NY - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:57	5.3	9:12	6.1	3:04	0.2	3:06	0.6	5:53	8:10	
2	Sun	9:39	5.3	9:51	6.0	3:46	0.2	3:48	0.7	5:54	8:09	
3	Mon	10:20	5.4	10:28	5.8	4:24	0.2	4:29	0.8	5:54	8:08	
4	Tue	10:59	5.3	11:05	5.5	5:00	0.3	5:08	1.0	5:55	8:07	
5	Wed	11:37	5.3	11:42	5.2	5:34	0.4	5:46	1.1	5:56	8:05	
6	Thu			12:15	5.3	6:07	0.6	6:24	1.3	5:57	8:04	
7	Fri	12:21	5.0	12:54	5.3	6:40	0.8	7:05	1.4	5:58	8:03	
8	Sat	1:06	4.7	1:36	5.3	7:16	1.0	7:56	1.5	5:59	8:02	
9	Sun	1:57	4.6	2:23	5.4	8:02	1.2	9:02	1.5	6:00	8:00	
10	Mon	2:53	4.5	3:16	5.5	9:03	1.3	10:14	1.4	6:01	7:59	
11	Tue	3:54	4.5	4:14	5.7	10:12	1.2	11:19	1.1	6:02	7:58	
12	Wed	4:58	4.6	5:17	5.9	11:15	1.0			6:03	7:57	
13	Thu	6:01	4.8	6:18	6.3	12:18	0.7	12:14	0.7	6:04	7:55	
14	Fri	7:00	5.2	7:15	6.7	1:12	0.4	1:09	0.3	6:05	7:54	
15	Sat	7:53	5.6	8:08	6.9	2:04	0.0	2:03	0.0	6:06	7:52	
16	Sun	8:44	6.0	8:57	7.1	2:53	-0.4	2:57	-0.2	6:07	7:51	
17	Mon	9:32	6.4	9:45	7.0	3:40	-0.6	3:49	-0.3	6:08	7:50	
18	Tue	10:21	6.6	10:34	6.7	4:25	-0.7	4:40	-0.3	6:09	7:48	
19	Wed	11:10	6.7	11:24	6.4	5:09	-0.6	5:30	-0.2	6:10	7:47	
20	Thu			12:02	6.6	5:54	-0.4	6:21	0.1	6:11	7:45	
21	Fri	12:17	5.9	12:54	6.4	6:40	-0.1	7:15	0.4	6:12	7:44	
22	Sat	1:13	5.5	1:48	6.2	7:30	0.3	8:15	0.8	6:13	7:42	
23	Sun	2:10	5.2	2:44	6.0	8:27	0.7	9:20	1.0	6:14	7:41	
24	Mon	3:09	4.9	3:41	5.8	9:31	0.9	10:27	1.0	6:15	7:39	
25	Tue	4:09	4.8	4:40	5.7	10:35	1.0	11:28	0.9	6:16	7:38	
26	Wed	5:11	4.8	5:39	5.8	11:33	1.0			6:17	7:36	
27	Thu	6:10	4.9	6:35	5.9	12:22	0.8	12:25	0.9	6:18	7:35	
28	Fri	7:03	5.1	7:24	6.0	1:10	0.6	1:13	0.7	6:19	7:33	
29	Sat	7:50	5.4	8:07	6.1	1:54	0.4	1:59	0.7	6:20	7:32	
30	Sun	8:33	5.6	8:46	6.0	2:35	0.2	2:42	0.6	6:21	7:30	
31	Mon	9:11	5.7	9:23	5.9	3:13	0.2	3:23	0.7	6:22	7:28	