

Rockaway Beach (inside), NY - Mar 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:39	5.3			5:41	-0.2	5:54	0.0	6:28	5:46	
2	Tue	12:10	5.9	12:37	4.9	6:37	0.2	6:51	0.4	6:26	5:47	
3	Wed	1:08	5.6	1:38	4.7	7:42	0.5	7:58	0.7	6:25	5:48	
4	Thu	2:08	5.3	2:42	4.5	8:54	0.7	9:09	0.8	6:23	5:49	
5	Fri	3:12	5.2	3:47	4.5	10:02	0.6	10:15	0.7	6:22	5:51	
6	Sat	4:16	5.2	4:50	4.7	11:01	0.4	11:12	0.6	6:20	5:52	
7	Sun	5:16	5.3	5:46	5.0	11:52	0.2			6:18	5:53	
8	Mon	6:09	5.5	6:35	5.3	12:02	0.4	12:37	0.0	6:17	5:54	
9	Tue	6:54	5.7	7:17	5.5	12:48	0.2	1:18	-0.2	6:15	5:55	
10	Wed	7:35	5.7	7:56	5.7	1:32	0.1	1:56	-0.3	6:14	5:56	
11	Thu	8:12	5.6	8:31	5.8	2:13	0.0	2:32	-0.2	6:12	5:57	
12	Fri	8:48	5.5	9:05	5.8	2:51	0.0	3:06	-0.1	6:10	5:58	
13	Sat	9:23	5.3	9:36	5.7	3:28	0.1	3:39	0.1	6:09	5:59	
14	Sun	10:57	5.0	11:07	5.5	5:03	0.3	5:10	0.3	7:07	7:00	
15	Mon	11:32	4.7	11:38	5.3	5:36	0.5	5:40	0.6	7:06	7:01	
16	Tue			12:11	4.5	6:10	0.7	6:10	0.8	7:04	7:03	
17	Wed	12:15	5.2	12:58	4.3	6:47	0.9	6:46	1.1	7:02	7:04	
18	Thu	1:02	5.1	1:55	4.2	7:40	1.1	7:38	1.3	7:01	7:05	
19	Fri	2:02	5.0	2:58	4.1	9:00	1.2	9:00	1.3	6:59	7:06	
20	Sat	3:08	5.1	4:04	4.3	10:19	1.1	10:21	1.1	6:57	7:07	
21	Sun	4:17	5.3	5:09	4.6	11:24	0.7	11:28	0.7	6:56	7:08	
22	Mon	5:23	5.6	6:09	5.1			12:19	0.3	6:54	7:09	
23	Tue	6:25	5.9	7:04	5.7	12:27	0.2	1:09	-0.2	6:52	7:10	
24	Wed	7:20	6.2	7:54	6.3	1:22	-0.2	1:56	-0.5	6:51	7:11	
25	Thu	8:11	6.4	8:41	6.8	2:15	-0.6	2:42	-0.8	6:49	7:12	
26	Fri	9:00	6.4	9:27	7.0	3:06	-0.9	3:27	-0.9	6:48	7:13	
27	Sat	9:48	6.3	10:13	7.0	3:56	-0.9	4:13	-0.8	6:46	7:14	
28	Sun	10:36	6.0	11:01	6.8	4:45	-0.8	4:58	-0.5	6:44	7:15	
29	Mon	11:28	5.7	11:53	6.5	5:34	-0.6	5:44	-0.2	6:43	7:16	
30	Tue			12:23	5.3	6:24	-0.2	6:34	0.2	6:41	7:17	
31	Wed	12:48	6.0	1:22	5.0	7:19	0.2	7:30	0.7	6:39	7:18	