

Rockaway Beach (inside), NY - Aug 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:52	4.4	5:09	5.5	11:06	1.2			5:52	8:10	
2	Mon	5:50	4.5	6:03	5.7	12:04	1.1	12:00	1.0	5:53	8:09	
3	Tue	6:46	4.7	6:56	6.0	12:56	0.8	12:51	0.8	5:54	8:08	
4	Wed	7:36	5.0	7:44	6.3	1:45	0.5	1:40	0.6	5:55	8:07	
5	Thu	8:23	5.3	8:30	6.5	2:33	0.2	2:29	0.4	5:56	8:06	
6	Fri	9:07	5.6	9:13	6.6	3:18	-0.1	3:17	0.2	5:57	8:04	
7	Sat	9:51	5.8	9:58	6.6	4:01	-0.2	4:05	0.1	5:58	8:03	
8	Sun	10:36	6.1	10:43	6.4	4:42	-0.3	4:53	0.1	5:59	8:02	
9	Mon	11:23	6.2	11:32	6.1	5:23	-0.3	5:41	0.2	6:00	8:01	
10	Tue			12:13	6.3	6:05	-0.1	6:32	0.4	6:01	7:59	
11	Wed	12:26	5.8	1:06	6.3	6:50	0.1	7:28	0.6	6:02	7:58	
12	Thu	1:23	5.4	2:02	6.2	7:42	0.4	8:32	0.8	6:03	7:57	
13	Fri	2:23	5.2	3:00	6.1	8:43	0.6	9:42	0.9	6:04	7:56	
14	Sat	3:25	5.0	4:01	6.0	9:51	0.7	10:49	0.8	6:05	7:54	
15	Sun	4:29	5.0	5:03	6.0	10:57	0.7	11:51	0.6	6:06	7:53	
16	Mon	5:33	5.0	6:04	6.1	11:57	0.6			6:07	7:51	
17	Tue	6:35	5.2	7:01	6.3	12:47	0.4	12:52	0.5	6:08	7:50	
18	Wed	7:30	5.4	7:51	6.4	1:38	0.2	1:43	0.4	6:09	7:49	
19	Thu	8:19	5.7	8:36	6.4	2:25	0.0	2:30	0.4	6:10	7:47	
20	Fri	9:03	5.8	9:18	6.3	3:08	-0.1	3:16	0.4	6:11	7:46	
21	Sat	9:44	5.9	9:58	6.1	3:48	-0.1	3:59	0.4	6:12	7:44	
22	Sun	10:23	5.9	10:37	5.8	4:25	0.0	4:39	0.6	6:13	7:43	
23	Mon	11:02	5.8	11:16	5.4	5:00	0.2	5:18	0.8	6:14	7:41	
24	Tue	11:40	5.7	11:56	5.1	5:34	0.4	5:57	1.0	6:15	7:40	
25	Wed			12:19	5.5	6:08	0.7	6:37	1.2	6:16	7:38	
26	Thu	12:40	4.8	1:01	5.4	6:43	1.0	7:21	1.4	6:17	7:37	
27	Fri	1:28	4.6	1:46	5.3	7:25	1.3	8:18	1.6	6:18	7:35	
28	Sat	2:21	4.4	2:37	5.2	8:19	1.4	9:27	1.6	6:19	7:34	
29	Sun	3:18	4.3	3:33	5.3	9:26	1.5	10:35	1.5	6:20	7:32	
30	Mon	4:18	4.4	4:32	5.5	10:32	1.4	11:35	1.2	6:20	7:30	
31	Tue	5:19	4.6	5:31	5.8	11:31	1.1			6:21	7:29	