

Sag Harbor, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:28	2.3	11:20	3.0	5:11	0.1	5:04	0.4	5:46	7:45	
2	Sat			12:04	2.2	5:52	0.1	5:44	0.5	5:45	7:46	
3	Sun			12:39	2.1	6:33	0.2	6:24	0.6	5:44	7:47	
4	Mon	12:30	2.8	1:15	2.1	7:16	0.3	7:06	0.7	5:42	7:48	
5	Tue	1:09	2.8	1:53	2.0	8:01	0.4	7:51	0.8	5:41	7:50	
6	Wed	1:50	2.7	2:36	2.0	8:47	0.4	8:41	0.8	5:40	7:51	
7	Thu	2:35	2.6	3:24	2.0	9:35	0.5	9:36	0.8	5:39	7:52	
8	Fri	3:25	2.4	4:15	2.1	10:23	0.6	10:35	0.8	5:38	7:53	
9	Sat	4:20	2.4	5:09	2.2	11:10	0.6	11:34	0.7	5:37	7:54	
10	Sun	5:20	2.3	6:01	2.4	11:56	0.6			5:36	7:55	
11	Mon	6:20	2.2	6:51	2.7	12:31	0.6	12:42	0.5	5:34	7:56	
12	Tue	7:18	2.2	7:38	2.9	1:27	0.4	1:28	0.4	5:33	7:57	
13	Wed	8:11	2.3	8:26	3.2	2:20	0.2	2:14	0.4	5:32	7:58	
14	Thu	9:02	2.3	9:14	3.4	3:11	0.0	3:01	0.3	5:31	7:59	
15	Fri	9:51	2.4	10:03	3.5	4:02	-0.1	3:49	0.2	5:30	8:00	
16	Sat	10:41	2.4	10:54	3.5	4:51	-0.2	4:39	0.1	5:30	8:01	
17	Sun	11:33	2.4	11:46	3.5	5:41	-0.2	5:31	0.1	5:29	8:02	
18	Mon			12:27	2.4	6:32	-0.2	6:26	0.2	5:28	8:03	
19	Tue	12:40	3.4	1:24	2.5	7:24	-0.1	7:24	0.2	5:27	8:04	
20	Wed	1:37	3.2	2:25	2.5	8:18	0.0	8:26	0.3	5:26	8:04	
21	Thu	2:37	3.0	3:30	2.5	9:13	0.1	9:31	0.4	5:25	8:05	
22	Fri	3:41	2.8	4:38	2.6	10:08	0.2	10:37	0.4	5:25	8:06	
23	Sat	4:52	2.5	5:44	2.7	11:03	0.2	11:42	0.4	5:24	8:07	
24	Sun	6:04	2.4	6:43	2.8	11:56	0.3			5:23	8:08	
25	Mon	7:11	2.3	7:36	2.9	12:45	0.4	12:48	0.4	5:22	8:09	
26	Tue	8:09	2.3	8:22	3.0	1:42	0.3	1:37	0.4	5:22	8:10	
27	Wed	9:01	2.2	9:05	3.0	2:35	0.3	2:24	0.5	5:21	8:11	
28	Thu	9:47	2.2	9:43	3.0	3:23	0.2	3:10	0.5	5:21	8:11	
29	Fri	10:29	2.2	10:19	3.0	4:07	0.2	3:53	0.5	5:20	8:12	
30	Sat	11:08	2.2	10:54	3.0	4:49	0.2	4:35	0.6	5:20	8:13	
31	Sun	11:45	2.1	11:29	2.9	5:30	0.2	5:17	0.6	5:19	8:14	