

Sheepshead Bay, NY - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:47	4.5	7:04	5.6	12:49	0.4	12:42	0.5	5:28	8:30	
2	Thu	7:38	4.6	7:51	5.6	1:38	0.4	1:29	0.5	5:28	8:30	
3	Fri	8:26	4.6	8:34	5.6	2:25	0.3	2:15	0.6	5:29	8:30	
4	Sat	9:10	4.6	9:15	5.5	3:09	0.3	3:00	0.7	5:30	8:29	
5	Sun	9:54	4.5	9:54	5.4	3:51	0.3	3:43	0.8	5:30	8:29	
6	Mon	10:36	4.5	10:31	5.2	4:30	0.3	4:25	0.9	5:31	8:29	
7	Tue	11:18	4.5	11:08	5.0	5:06	0.4	5:05	1.0	5:31	8:29	
8	Wed			12:00	4.5	5:41	0.4	5:47	1.1	5:32	8:28	
9	Thu			12:41	4.6	6:16	0.5	6:30	1.2	5:33	8:28	
10	Fri	12:28	4.6	1:22	4.7	6:53	0.7	7:20	1.3	5:33	8:28	
11	Sat	1:14	4.4	2:05	4.8	7:34	0.8	8:17	1.3	5:34	8:27	
12	Sun	2:05	4.3	2:51	5.0	8:23	0.9	9:20	1.2	5:35	8:27	
13	Mon	3:01	4.2	3:42	5.2	9:20	0.9	10:22	1.0	5:36	8:26	
14	Tue	4:02	4.2	4:38	5.4	10:19	0.8	11:21	0.7	5:36	8:26	
15	Wed	5:06	4.2	5:37	5.7	11:16	0.7			5:37	8:25	
16	Thu	6:09	4.4	6:36	6.0	12:18	0.4	12:13	0.5	5:38	8:25	
17	Fri	7:08	4.6	7:32	6.3	1:13	0.1	1:08	0.2	5:39	8:24	
18	Sat	8:04	4.9	8:25	6.5	2:07	-0.2	2:04	0.0	5:39	8:23	
19	Sun	8:56	5.2	9:15	6.5	2:59	-0.4	2:59	-0.1	5:40	8:23	
20	Mon	9:48	5.4	10:06	6.4	3:48	-0.6	3:54	-0.1	5:41	8:22	
21	Tue	10:40	5.6	10:57	6.2	4:35	-0.7	4:47	-0.1	5:42	8:21	
22	Wed	11:33	5.8	11:49	5.8	5:21	-0.6	5:41	0.1	5:43	8:20	
23	Thu			12:26	5.8	6:07	-0.5	6:36	0.3	5:44	8:20	
24	Fri	12:42	5.4	1:19	5.7	6:56	-0.2	7:34	0.6	5:45	8:19	
25	Sat	1:37	5.1	2:12	5.6	7:47	0.1	8:37	0.8	5:45	8:18	
26	Sun	2:33	4.7	3:06	5.5	8:43	0.4	9:42	0.9	5:46	8:17	
27	Mon	3:31	4.5	4:01	5.4	9:42	0.6	10:44	0.9	5:47	8:16	
28	Tue	4:31	4.4	4:57	5.3	10:39	0.7	11:40	0.8	5:48	8:15	
29	Wed	5:30	4.3	5:53	5.3	11:32	0.7			5:49	8:14	
30	Thu	6:27	4.4	6:44	5.4	12:32	0.7	12:22	0.7	5:50	8:13	
31	Fri	7:19	4.5	7:31	5.5	1:19	0.6	1:09	0.7	5:51	8:12	