

Sheepshead Bay, NY - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:05	4.6	8:13	5.5	2:04	0.4	1:55	0.7	5:52	8:11	
2	Sun	8:48	4.7	8:51	5.5	2:45	0.3	2:38	0.7	5:53	8:10	
3	Mon	9:28	4.8	9:27	5.4	3:23	0.3	3:20	0.7	5:54	8:09	
4	Tue	10:06	4.9	10:01	5.3	3:58	0.2	4:00	0.8	5:55	8:08	
5	Wed	10:42	4.9	10:35	5.1	4:32	0.3	4:38	0.9	5:56	8:07	
6	Thu	11:17	4.9	11:10	4.9	5:03	0.4	5:16	1.0	5:57	8:05	
7	Fri	11:53	4.9	11:49	4.7	5:34	0.5	5:55	1.0	5:58	8:04	
8	Sat			12:32	4.9	6:06	0.7	6:39	1.1	5:59	8:03	
9	Sun	12:35	4.5	1:16	5.0	6:42	0.9	7:33	1.2	6:00	8:02	
10	Mon	1:28	4.3	2:08	5.1	7:29	1.0	8:40	1.2	6:01	8:00	
11	Tue	2:28	4.2	3:06	5.2	8:34	1.1	9:52	1.1	6:02	7:59	
12	Wed	3:33	4.1	4:10	5.4	9:47	1.0	10:59	0.8	6:03	7:58	
13	Thu	4:42	4.2	5:16	5.7	10:54	0.7	11:59	0.5	6:04	7:57	
14	Fri	5:49	4.5	6:18	6.1	11:55	0.4			6:05	7:55	
15	Sat	6:50	4.9	7:14	6.4	12:54	0.1	12:53	0.1	6:06	7:54	
16	Sun	7:45	5.3	8:07	6.6	1:46	-0.3	1:49	-0.1	6:06	7:52	
17	Mon	8:37	5.7	8:56	6.6	2:35	-0.6	2:44	-0.3	6:07	7:51	
18	Tue	9:26	6.0	9:45	6.4	3:22	-0.7	3:37	-0.3	6:08	7:50	
19	Wed	10:15	6.2	10:34	6.1	4:07	-0.8	4:29	-0.2	6:09	7:48	
20	Thu	11:05	6.2	11:24	5.7	4:52	-0.7	5:19	0.0	6:10	7:47	
21	Fri	11:55	6.0			5:36	-0.4	6:11	0.3	6:11	7:45	
22	Sat	12:17	5.3	12:47	5.8	6:23	0.0	7:06	0.6	6:12	7:44	
23	Sun	1:11	4.9	1:41	5.5	7:14	0.4	8:07	0.9	6:13	7:42	
24	Mon	2:08	4.6	2:36	5.3	8:11	0.7	9:15	1.1	6:14	7:41	
25	Tue	3:08	4.3	3:34	5.1	9:14	1.0	10:22	1.1	6:15	7:39	
26	Wed	4:09	4.2	4:33	5.1	10:16	1.0	11:21	1.0	6:16	7:38	
27	Thu	5:09	4.3	5:30	5.1	11:12	1.0			6:17	7:36	
28	Fri	6:06	4.4	6:21	5.3	12:11	0.8	12:02	0.9	6:18	7:35	
29	Sat	6:56	4.6	7:06	5.4	12:55	0.6	12:49	0.8	6:19	7:33	
30	Sun	7:40	4.8	7:47	5.5	1:35	0.5	1:33	0.7	6:20	7:32	
31	Mon	8:20	5.0	8:24	5.5	2:12	0.3	2:15	0.6	6:21	7:30	