

Sheepshead Bay, NY - Jan 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:15	5.7	7:41	4.9	12:59	-0.4	1:38	-0.6	7:19	4:38	●
2	Fri	8:01	5.7	8:27	4.9	1:47	-0.4	2:24	-0.6	7:19	4:39	●
3	Sat	8:45	5.5	9:12	4.8	2:33	-0.3	3:07	-0.5	7:19	4:40	●
4	Sun	9:29	5.3	9:56	4.7	3:16	-0.1	3:48	-0.4	7:19	4:41	●
5	Mon	10:11	5.0	10:40	4.6	3:59	0.1	4:27	-0.2	7:19	4:42	◐
6	Tue	10:55	4.7	11:23	4.5	4:41	0.3	5:06	0.0	7:19	4:43	◑
7	Wed	11:39	4.4			5:24	0.5	5:47	0.2	7:19	4:44	◑
8	Thu	12:07	4.4	12:25	4.2	6:12	0.7	6:32	0.4	7:19	4:45	◑
9	Fri	12:53	4.4	1:13	4.0	7:06	0.8	7:23	0.5	7:19	4:46	◑
10	Sat	1:40	4.3	2:05	3.9	8:06	0.8	8:18	0.5	7:19	4:47	◑
11	Sun	2:29	4.4	3:00	3.8	9:06	0.7	9:14	0.5	7:18	4:48	◑
12	Mon	3:22	4.5	3:57	3.9	10:02	0.5	10:07	0.4	7:18	4:49	◑
13	Tue	4:16	4.7	4:54	4.0	10:55	0.3	10:58	0.2	7:18	4:50	○
14	Wed	5:09	5.0	5:47	4.3	11:45	0.0	11:47	0.0	7:17	4:51	○
15	Thu	6:00	5.2	6:36	4.5			12:33	-0.3	7:17	4:52	○
16	Fri	6:48	5.5	7:23	4.8	12:36	-0.2	1:21	-0.5	7:17	4:53	○
17	Sat	7:34	5.7	8:08	5.0	1:25	-0.4	2:07	-0.7	7:16	4:54	○
18	Sun	8:20	5.8	8:54	5.2	2:13	-0.6	2:52	-0.8	7:16	4:55	○
19	Mon	9:07	5.8	9:42	5.3	3:01	-0.7	3:36	-0.9	7:15	4:57	○
20	Tue	9:55	5.6	10:32	5.4	3:50	-0.7	4:20	-0.8	7:15	4:58	○
21	Wed	10:47	5.3	11:24	5.4	4:40	-0.5	5:07	-0.7	7:14	4:59	○
22	Thu	11:41	5.0			5:34	-0.3	5:57	-0.4	7:13	5:00	○
23	Fri	12:19	5.3	12:38	4.8	6:33	-0.1	6:54	-0.2	7:13	5:01	○
24	Sat	1:16	5.2	1:38	4.5	7:38	0.1	7:57	-0.1	7:12	5:02	◐
25	Sun	2:15	5.1	2:40	4.4	8:45	0.1	9:02	0.0	7:11	5:04	◐
26	Mon	3:16	5.1	3:44	4.3	9:50	0.1	10:04	0.0	7:11	5:05	◐
27	Tue	4:17	5.1	4:46	4.4	10:48	-0.1	11:01	-0.1	7:10	5:06	◑
28	Wed	5:16	5.2	5:44	4.6	11:42	-0.2	11:53	-0.2	7:09	5:07	◑
29	Thu	6:09	5.3	6:36	4.7			12:32	-0.4	7:08	5:08	◑
30	Fri	6:57	5.4	7:23	4.8	12:42	-0.2	1:18	-0.5	7:07	5:10	◑
31	Sat	7:41	5.4	8:06	4.9	1:29	-0.2	2:00	-0.5	7:06	5:11	●