

Sheepshead Bay, NY - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:01	4.7	10:58	5.6	4:57	0.1	4:55	0.6	5:26	8:20	
2	Wed	11:48	4.7	11:46	5.5	5:38	0.2	5:40	0.7	5:26	8:21	
3	Thu			12:40	4.8	6:23	0.2	6:32	0.8	5:26	8:21	
4	Fri	12:40	5.3	1:33	5.0	7:13	0.2	7:33	0.8	5:25	8:22	
5	Sat	1:38	5.2	2:29	5.2	8:09	0.2	8:41	0.7	5:25	8:23	
6	Sun	2:38	5.1	3:26	5.5	9:09	0.2	9:49	0.5	5:25	8:23	
7	Mon	3:40	5.0	4:24	5.8	10:08	0.1	10:52	0.3	5:24	8:24	
8	Tue	4:44	5.0	5:23	6.1	11:06	-0.1	11:51	0.0	5:24	8:24	
9	Wed	5:46	5.1	6:20	6.3			12:01	-0.2	5:24	8:25	
10	Thu	6:46	5.2	7:15	6.5	12:47	-0.2	12:55	-0.3	5:24	8:25	
11	Fri	7:43	5.3	8:07	6.5	1:42	-0.4	1:48	-0.3	5:24	8:26	
12	Sat	8:36	5.4	8:58	6.5	2:34	-0.5	2:41	-0.2	5:24	8:26	
13	Sun	9:27	5.4	9:46	6.3	3:25	-0.5	3:32	-0.1	5:24	8:27	
14	Mon	10:18	5.3	10:35	6.0	4:14	-0.5	4:21	0.1	5:24	8:27	
15	Tue	11:09	5.2	11:23	5.7	5:01	-0.3	5:10	0.4	5:24	8:28	
16	Wed	11:59	5.0			5:45	-0.1	5:58	0.6	5:24	8:28	
17	Thu	12:12	5.4	12:49	5.0	6:30	0.1	6:47	0.9	5:24	8:28	
18	Fri	1:01	5.0	1:38	4.9	7:16	0.3	7:41	1.1	5:24	8:29	
19	Sat	1:50	4.7	2:26	4.9	8:04	0.5	8:39	1.2	5:24	8:29	
20	Sun	2:40	4.5	3:14	4.9	8:54	0.6	9:38	1.2	5:24	8:29	
21	Mon	3:31	4.4	4:02	5.0	9:45	0.7	10:33	1.1	5:25	8:29	
22	Tue	4:24	4.3	4:51	5.1	10:35	0.6	11:24	0.9	5:25	8:30	
23	Wed	5:17	4.3	5:39	5.2	11:23	0.6			5:25	8:30	
24	Thu	6:10	4.4	6:26	5.4	12:12	0.7	12:09	0.5	5:25	8:30	
25	Fri	6:59	4.5	7:11	5.6	12:58	0.5	12:55	0.5	5:26	8:30	
26	Sat	7:46	4.6	7:53	5.7	1:44	0.3	1:40	0.5	5:26	8:30	
27	Sun	8:30	4.7	8:34	5.8	2:29	0.2	2:25	0.4	5:26	8:30	
28	Mon	9:13	4.8	9:15	5.9	3:13	0.0	3:10	0.4	5:27	8:30	
29	Tue	9:56	4.9	9:58	5.9	3:55	-0.1	3:54	0.4	5:27	8:30	
30	Wed	10:41	5.0	10:42	5.8	4:37	-0.1	4:40	0.4	5:28	8:30	