

Sheepshead Bay, NY - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:29	5.1	11:31	5.6	5:19	-0.1	5:28	0.4	5:28	8:30	
2	Fri			12:19	5.3	6:02	-0.1	6:20	0.5	5:29	8:30	
3	Sat	12:24	5.4	1:13	5.4	6:50	0.0	7:18	0.6	5:29	8:30	
4	Sun	1:21	5.2	2:08	5.5	7:43	0.1	8:23	0.6	5:30	8:29	
5	Mon	2:20	5.0	3:05	5.7	8:43	0.1	9:30	0.5	5:30	8:29	
6	Tue	3:21	4.9	4:03	5.8	9:45	0.1	10:35	0.4	5:31	8:29	
7	Wed	4:25	4.9	5:03	6.0	10:45	0.1	11:35	0.2	5:32	8:29	
8	Thu	5:28	4.9	6:02	6.1	11:42	0.0			5:32	8:28	
9	Fri	6:29	5.0	6:58	6.2	12:31	0.0	12:37	0.0	5:33	8:28	
10	Sat	7:26	5.1	7:50	6.3	1:25	-0.2	1:31	0.0	5:34	8:27	
11	Sun	8:18	5.3	8:38	6.3	2:16	-0.3	2:22	0.0	5:34	8:27	
12	Mon	9:08	5.3	9:25	6.1	3:05	-0.4	3:11	0.1	5:35	8:26	
13	Tue	9:55	5.3	10:10	5.9	3:50	-0.3	3:59	0.2	5:36	8:26	
14	Wed	10:41	5.2	10:54	5.6	4:33	-0.3	4:44	0.4	5:37	8:25	
15	Thu	11:27	5.1	11:38	5.3	5:14	-0.1	5:28	0.6	5:37	8:25	
16	Fri			12:12	5.0	5:53	0.1	6:12	0.9	5:38	8:24	
17	Sat	12:24	5.0	12:57	5.0	6:34	0.3	7:00	1.1	5:39	8:24	
18	Sun	1:10	4.7	1:42	4.9	7:17	0.6	7:53	1.2	5:40	8:23	
19	Mon	1:58	4.4	2:29	4.9	8:05	0.7	8:51	1.3	5:41	8:22	
20	Tue	2:49	4.3	3:17	4.9	8:58	0.8	9:51	1.2	5:42	8:22	
21	Wed	3:42	4.2	4:07	5.0	9:53	0.9	10:47	1.1	5:42	8:21	
22	Thu	4:38	4.2	4:59	5.1	10:46	0.8	11:39	0.8	5:43	8:20	
23	Fri	5:34	4.3	5:51	5.3	11:37	0.7			5:44	8:19	
24	Sat	6:28	4.5	6:40	5.6	12:28	0.6	12:25	0.6	5:45	8:18	
25	Sun	7:17	4.7	7:27	5.8	1:16	0.3	1:13	0.4	5:46	8:17	
26	Mon	8:04	4.9	8:11	6.0	2:02	0.1	2:01	0.3	5:47	8:16	
27	Tue	8:48	5.2	8:55	6.1	2:46	-0.1	2:48	0.1	5:48	8:16	
28	Wed	9:33	5.4	9:40	6.1	3:30	-0.3	3:36	0.1	5:49	8:15	
29	Thu	10:18	5.6	10:26	6.0	4:13	-0.4	4:24	0.0	5:50	8:14	
30	Fri	11:06	5.7	11:15	5.8	4:55	-0.4	5:13	0.1	5:51	8:13	
31	Sat	11:57	5.7			5:39	-0.3	6:05	0.2	5:52	8:12	