

Sheepshead Bay, NY - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:08	5.5	12:51	5.8	6:27	-0.1	7:02	0.4	5:52	8:10	
2	Mon	1:05	5.2	1:47	5.7	7:20	0.1	8:05	0.6	5:53	8:09	
3	Tue	2:04	5.0	2:46	5.7	8:21	0.3	9:13	0.6	5:54	8:08	
4	Wed	3:06	4.8	3:46	5.7	9:26	0.3	10:20	0.5	5:55	8:07	
5	Thu	4:10	4.8	4:46	5.8	10:30	0.3	11:21	0.4	5:56	8:06	
6	Fri	5:14	4.8	5:46	5.9	11:29	0.3			5:57	8:05	
7	Sat	6:14	5.0	6:41	6.0	12:16	0.2	12:23	0.2	5:58	8:04	
8	Sun	7:09	5.1	7:31	6.1	1:07	0.0	1:15	0.2	5:59	8:02	
9	Mon	7:59	5.3	8:18	6.1	1:55	-0.1	2:03	0.2	6:00	8:01	
10	Tue	8:45	5.4	9:01	6.0	2:40	-0.2	2:50	0.2	6:01	8:00	
11	Wed	9:28	5.4	9:43	5.8	3:22	-0.2	3:34	0.3	6:02	7:58	
12	Thu	10:09	5.4	10:23	5.5	4:01	-0.1	4:16	0.4	6:03	7:57	
13	Fri	10:50	5.3	11:04	5.2	4:38	0.0	4:56	0.6	6:04	7:56	
14	Sat	11:30	5.2	11:45	4.9	5:15	0.2	5:37	0.8	6:05	7:54	
15	Sun			12:11	5.0	5:52	0.5	6:19	1.0	6:06	7:53	
16	Mon	12:29	4.6	12:55	4.9	6:32	0.7	7:07	1.2	6:07	7:52	
17	Tue	1:16	4.4	1:41	4.9	7:17	0.9	8:03	1.4	6:08	7:50	
18	Wed	2:07	4.2	2:31	4.9	8:10	1.1	9:07	1.4	6:09	7:49	
19	Thu	3:03	4.1	3:24	4.9	9:11	1.1	10:10	1.2	6:10	7:47	
20	Fri	4:01	4.2	4:20	5.1	10:10	1.0	11:07	0.9	6:11	7:46	
21	Sat	5:00	4.3	5:15	5.4	11:06	0.8	11:58	0.6	6:12	7:45	
22	Sun	5:56	4.6	6:09	5.6	11:58	0.6			6:13	7:43	
23	Mon	6:47	5.0	6:59	5.9	12:46	0.3	12:48	0.3	6:14	7:42	
24	Tue	7:36	5.3	7:47	6.2	1:32	0.0	1:38	0.1	6:15	7:40	
25	Wed	8:22	5.7	8:34	6.3	2:17	-0.3	2:27	-0.2	6:16	7:38	
26	Thu	9:07	6.0	9:20	6.2	3:01	-0.4	3:17	-0.3	6:17	7:37	
27	Fri	9:53	6.1	10:08	6.1	3:45	-0.5	4:06	-0.3	6:18	7:35	
28	Sat	10:42	6.2	10:58	5.8	4:30	-0.5	4:56	-0.2	6:19	7:34	
29	Sun	11:33	6.1	11:51	5.5	5:16	-0.3	5:48	0.0	6:20	7:32	
30	Mon			12:29	6.0	6:05	-0.1	6:45	0.3	6:21	7:31	
31	Tue	12:49	5.2	1:27	5.8	7:00	0.2	7:48	0.6	6:22	7:29	