

Sheepshead Bay, NY - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:38	4.8	3:09	5.4	8:54	0.7	9:43	0.6	6:52	6:38	
2	Sat	3:40	4.8	4:08	5.3	10:01	0.8	10:42	0.5	6:53	6:36	
3	Sun	4:40	4.9	5:05	5.4	11:00	0.7	11:33	0.3	6:54	6:34	
4	Mon	5:35	5.1	5:57	5.4	11:51	0.5			6:55	6:33	
5	Tue	6:25	5.3	6:45	5.5	12:17	0.2	12:37	0.4	6:56	6:31	
6	Wed	7:09	5.5	7:28	5.5	12:58	0.1	1:20	0.3	6:57	6:29	
7	Thu	7:50	5.6	8:09	5.4	1:37	0.0	2:01	0.3	6:58	6:28	
8	Fri	8:27	5.6	8:48	5.3	2:15	0.1	2:41	0.3	6:59	6:26	
9	Sat	9:03	5.6	9:25	5.2	2:53	0.1	3:20	0.3	7:00	6:25	
10	Sun	9:38	5.5	10:02	4.9	3:30	0.3	3:59	0.5	7:01	6:23	
11	Mon	10:12	5.3	10:39	4.7	4:06	0.5	4:36	0.6	7:02	6:21	
12	Tue	10:47	5.2	11:19	4.5	4:42	0.7	5:15	0.8	7:03	6:20	
13	Wed	11:25	5.0			5:19	0.9	5:57	0.9	7:05	6:18	
14	Thu	12:05	4.3	12:11	4.9	5:59	1.0	6:45	1.1	7:06	6:17	
15	Fri	12:58	4.2	1:05	4.9	6:48	1.2	7:45	1.1	7:07	6:15	
16	Sat	1:56	4.2	2:05	4.9	7:51	1.2	8:52	1.0	7:08	6:14	
17	Sun	2:55	4.3	3:06	5.0	9:02	1.1	9:54	0.8	7:09	6:12	
18	Mon	3:54	4.6	4:08	5.2	10:08	0.8	10:49	0.4	7:10	6:11	
19	Tue	4:51	5.1	5:07	5.4	11:07	0.4	11:40	0.1	7:11	6:09	
20	Wed	5:46	5.5	6:05	5.7			12:02	0.0	7:12	6:08	
21	Thu	6:38	6.0	6:59	5.9	12:28	-0.3	12:55	-0.4	7:13	6:06	
22	Fri	7:29	6.4	7:50	6.0	1:16	-0.5	1:47	-0.6	7:14	6:05	
23	Sat	8:18	6.7	8:41	6.0	2:04	-0.7	2:39	-0.7	7:15	6:04	
24	Sun	9:08	6.7	9:31	5.8	2:54	-0.7	3:30	-0.7	7:17	6:02	
25	Mon	9:58	6.6	10:24	5.6	3:44	-0.6	4:22	-0.6	7:18	6:01	
26	Tue	10:51	6.3	11:19	5.3	4:35	-0.4	5:15	-0.3	7:19	6:00	
27	Wed	11:47	6.0			5:27	-0.1	6:09	0.0	7:20	5:58	
28	Thu	12:17	5.1	12:45	5.6	6:23	0.3	7:07	0.3	7:21	5:57	
29	Fri	1:18	4.9	1:44	5.3	7:24	0.6	8:10	0.4	7:22	5:56	
30	Sat	2:18	4.8	2:43	5.1	8:30	0.8	9:12	0.5	7:23	5:54	
31	Sun	2:16	4.8	2:40	5.0	8:36	0.8	9:09	0.4	6:25	4:53	