

Sheepshead Bay, NY - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:01	4.4	12:07	4.5	6:02	0.5	6:31	0.2	7:19	4:39	
2	Mon	12:53	4.5	1:05	4.5	7:04	0.5	7:29	0.2	7:19	4:40	
3	Tue	1:48	4.8	2:06	4.4	8:12	0.4	8:33	0.1	7:19	4:41	
4	Wed	2:46	5.0	3:10	4.5	9:19	0.1	9:34	-0.1	7:19	4:41	
5	Thu	3:48	5.3	4:15	4.6	10:21	-0.2	10:33	-0.3	7:19	4:42	
6	Fri	4:49	5.6	5:18	4.8	11:19	-0.5	11:30	-0.6	7:19	4:43	
7	Sat	5:48	5.9	6:16	5.0			12:15	-0.8	7:19	4:44	
8	Sun	6:44	6.1	7:11	5.3	12:26	-0.8	1:09	-1.0	7:19	4:45	
9	Mon	7:37	6.3	8:04	5.4	1:21	-0.9	2:02	-1.1	7:19	4:46	
10	Tue	8:28	6.2	8:56	5.5	2:14	-0.9	2:53	-1.2	7:18	4:47	
11	Wed	9:18	6.0	9:47	5.4	3:06	-0.9	3:41	-1.1	7:18	4:48	
12	Thu	10:09	5.8	10:39	5.3	3:57	-0.7	4:28	-0.9	7:18	4:49	
13	Fri	11:00	5.4	11:30	5.1	4:47	-0.4	5:15	-0.7	7:18	4:50	
14	Sat	11:52	5.0			5:38	-0.1	6:03	-0.4	7:17	4:52	
15	Sun	12:22	4.9	12:44	4.7	6:33	0.2	6:54	-0.1	7:17	4:53	
16	Mon	1:13	4.8	1:37	4.4	7:32	0.4	7:48	0.2	7:16	4:54	
17	Tue	2:04	4.7	2:31	4.1	8:32	0.5	8:43	0.3	7:16	4:55	
18	Wed	2:57	4.6	3:26	4.0	9:31	0.5	9:37	0.3	7:15	4:56	
19	Thu	3:50	4.6	4:22	4.0	10:24	0.4	10:27	0.3	7:15	4:57	
20	Fri	4:42	4.7	5:15	4.1	11:13	0.3	11:15	0.2	7:14	4:58	
21	Sat	5:32	4.8	6:04	4.3	11:59	0.1			7:14	4:59	
22	Sun	6:18	4.9	6:49	4.4	12:01	0.1	12:43	0.0	7:13	5:01	
23	Mon	6:59	5.0	7:31	4.5	12:46	0.1	1:25	-0.1	7:12	5:02	
24	Tue	7:38	5.1	8:11	4.6	1:29	0.0	2:06	-0.2	7:12	5:03	
25	Wed	8:15	5.1	8:48	4.6	2:10	0.0	2:44	-0.3	7:11	5:04	
26	Thu	8:51	5.1	9:25	4.7	2:50	0.0	3:21	-0.3	7:10	5:05	
27	Fri	9:28	5.0	10:03	4.7	3:29	0.0	3:57	-0.2	7:09	5:07	
28	Sat	10:07	4.9	10:44	4.7	4:08	0.0	4:33	-0.2	7:09	5:08	
29	Sun	10:52	4.8	11:29	4.8	4:50	0.1	5:11	-0.1	7:08	5:09	
30	Mon	11:43	4.6			5:38	0.1	5:56	0.1	7:07	5:10	
31	Tue	12:21	4.9	12:40	4.5	6:36	0.2	6:53	0.2	7:06	5:12	