

Sheepshead Bay, NY - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:29	4.6	5:54	5.5	11:36	0.3			5:28	8:30	
2	Sun	6:22	4.6	6:41	5.6	12:24	0.5	12:21	0.4	5:29	8:30	
3	Mon	7:12	4.7	7:26	5.6	1:10	0.4	1:06	0.4	5:29	8:30	
4	Tue	7:58	4.7	8:08	5.6	1:54	0.3	1:50	0.4	5:30	8:29	
5	Wed	8:41	4.8	8:47	5.6	2:36	0.2	2:33	0.5	5:30	8:29	
6	Thu	9:22	4.8	9:24	5.5	3:18	0.2	3:15	0.6	5:31	8:29	
7	Fri	10:02	4.7	10:00	5.4	3:57	0.2	3:56	0.7	5:31	8:29	
8	Sat	10:42	4.7	10:35	5.3	4:34	0.2	4:35	0.8	5:32	8:28	
9	Sun	11:22	4.7	11:12	5.1	5:11	0.3	5:15	0.9	5:33	8:28	
10	Mon			12:03	4.7	5:47	0.4	5:56	1.0	5:33	8:28	
11	Tue			12:46	4.8	6:24	0.5	6:43	1.0	5:34	8:27	
12	Wed	12:41	4.9	1:33	4.9	7:07	0.5	7:38	1.0	5:35	8:27	
13	Thu	1:35	4.7	2:24	5.1	7:58	0.6	8:43	1.0	5:36	8:26	
14	Fri	2:33	4.7	3:18	5.4	8:57	0.6	9:49	0.8	5:36	8:26	
15	Sat	3:35	4.7	4:16	5.6	9:59	0.4	10:52	0.5	5:37	8:25	
16	Sun	4:40	4.7	5:16	5.9	10:59	0.2	11:51	0.1	5:38	8:25	
17	Mon	5:44	4.9	6:16	6.3	11:56	0.0			5:39	8:24	
18	Tue	6:45	5.1	7:13	6.5	12:48	-0.2	12:53	-0.2	5:40	8:23	
19	Wed	7:43	5.4	8:07	6.7	1:42	-0.5	1:49	-0.3	5:40	8:23	
20	Thu	8:37	5.7	9:00	6.7	2:36	-0.7	2:45	-0.4	5:41	8:22	
21	Fri	9:30	5.8	9:51	6.6	3:27	-0.8	3:39	-0.4	5:42	8:21	
22	Sat	10:23	5.9	10:42	6.4	4:17	-0.8	4:32	-0.3	5:43	8:20	
23	Sun	11:15	5.8	11:34	6.0	5:05	-0.7	5:24	-0.1	5:44	8:20	
24	Mon			12:08	5.7	5:53	-0.5	6:17	0.2	5:45	8:19	
25	Tue	12:27	5.6	1:01	5.6	6:41	-0.3	7:12	0.5	5:46	8:18	
26	Wed	1:20	5.3	1:54	5.5	7:32	0.1	8:11	0.8	5:46	8:17	
27	Thu	2:14	4.9	2:46	5.3	8:25	0.3	9:14	0.9	5:47	8:16	
28	Fri	3:09	4.7	3:38	5.3	9:21	0.5	10:14	0.9	5:48	8:15	
29	Sat	4:04	4.5	4:31	5.2	10:15	0.6	11:08	0.8	5:49	8:14	
30	Sun	5:00	4.5	5:23	5.3	11:06	0.6	11:58	0.7	5:50	8:13	
31	Mon	5:54	4.5	6:13	5.4	11:54	0.6			5:51	8:12	