

Sheepshead Bay, NY - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:36	6.1	10:06	5.3	3:23	-0.8	4:01	-1.0	7:19	4:39	
2	Tue	10:29	5.8	11:01	5.2	4:15	-0.6	4:51	-0.9	7:19	4:39	
3	Wed	11:24	5.5	11:57	5.2	5:10	-0.4	5:43	-0.7	7:19	4:40	
4	Thu			12:20	5.2	6:07	-0.1	6:37	-0.5	7:19	4:41	
5	Fri	12:53	5.1	1:16	4.9	7:09	0.1	7:34	-0.3	7:19	4:42	
6	Sat	1:49	5.0	2:13	4.6	8:14	0.2	8:33	-0.1	7:19	4:43	
7	Sun	2:45	5.0	3:11	4.4	9:17	0.2	9:29	-0.1	7:19	4:44	
8	Mon	3:40	4.9	4:09	4.4	10:14	0.2	10:20	0.0	7:19	4:45	
9	Tue	4:34	5.0	5:04	4.4	11:05	0.1	11:09	0.0	7:19	4:46	
10	Wed	5:25	5.0	5:56	4.4	11:53	0.0	11:55	0.0	7:18	4:47	
11	Thu	6:13	5.1	6:43	4.5			12:38	-0.1	7:18	4:48	
12	Fri	6:57	5.1	7:27	4.5	12:40	-0.1	1:21	-0.2	7:18	4:49	
13	Sat	7:37	5.1	8:08	4.5	1:23	-0.1	2:03	-0.2	7:18	4:50	
14	Sun	8:16	5.1	8:48	4.5	2:05	0.0	2:42	-0.2	7:17	4:51	
15	Mon	8:52	5.0	9:26	4.5	2:45	0.0	3:20	-0.2	7:17	4:52	
16	Tue	9:28	4.9	10:05	4.4	3:24	0.1	3:56	-0.1	7:16	4:53	
17	Wed	10:04	4.7	10:43	4.3	4:02	0.3	4:31	0.0	7:16	4:55	
18	Thu	10:41	4.6	11:23	4.3	4:41	0.4	5:06	0.1	7:16	4:56	
19	Fri	11:24	4.4			5:22	0.5	5:45	0.3	7:15	4:57	
20	Sat	12:06	4.4	12:13	4.3	6:11	0.6	6:31	0.4	7:14	4:58	
21	Sun	12:55	4.5	1:08	4.2	7:10	0.6	7:28	0.4	7:14	4:59	
22	Mon	1:48	4.6	2:08	4.1	8:17	0.5	8:32	0.4	7:13	5:00	
23	Tue	2:46	4.8	3:13	4.2	9:23	0.3	9:35	0.2	7:13	5:02	
24	Wed	3:48	5.1	4:18	4.4	10:24	-0.1	10:35	-0.1	7:12	5:03	
25	Thu	4:50	5.4	5:21	4.6	11:22	-0.4	11:32	-0.4	7:11	5:04	
26	Fri	5:49	5.8	6:19	4.9			12:17	-0.7	7:10	5:05	
27	Sat	6:45	6.0	7:13	5.3	12:28	-0.7	1:11	-1.0	7:10	5:06	
28	Sun	7:37	6.2	8:05	5.5	1:22	-0.9	2:03	-1.2	7:09	5:08	
29	Mon	8:28	6.2	8:56	5.6	2:16	-1.0	2:52	-1.3	7:08	5:09	
30	Tue	9:19	6.1	9:47	5.7	3:08	-1.0	3:40	-1.2	7:07	5:10	
31	Wed	10:10	5.8	10:38	5.6	3:59	-0.9	4:27	-1.1	7:06	5:11	