

Sheepshead Bay, NY - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:27	5.1	7:55	5.0	1:16	0.0	1:47	-0.2	6:28	5:47	
2	Sun	8:05	5.1	8:32	5.1	1:57	0.0	2:24	-0.2	6:27	5:48	
3	Mon	8:41	5.0	9:08	5.0	2:36	0.0	2:59	-0.1	6:25	5:49	
4	Tue	9:16	4.9	9:42	5.0	3:14	0.0	3:32	0.0	6:24	5:50	
5	Wed	9:50	4.7	10:15	4.9	3:51	0.1	4:05	0.2	6:22	5:51	
6	Thu	10:26	4.6	10:50	4.8	4:27	0.2	4:37	0.3	6:21	5:52	
7	Fri	11:06	4.4	11:30	4.7	5:05	0.4	5:10	0.5	6:19	5:53	
8	Sat	11:52	4.2			5:49	0.5	5:51	0.7	6:17	5:55	
9	Sun	12:18	4.7	12:47	4.1	6:44	0.6	6:47	0.8	6:16	5:56	
10	Mon	1:14	4.7	1:48	4.1	7:52	0.7	8:01	0.9	6:14	5:57	
11	Tue	2:17	4.8	2:54	4.2	9:02	0.5	9:13	0.7	6:13	5:58	
12	Wed	3:23	5.0	4:01	4.4	10:06	0.2	10:18	0.3	6:11	5:59	
13	Thu	4:29	5.3	5:04	4.8	11:03	-0.1	11:17	-0.1	6:09	6:00	
14	Fri	5:30	5.7	6:01	5.3	11:56	-0.5			6:08	6:01	
15	Sat	6:26	5.9	6:53	5.8	12:14	-0.4	12:47	-0.8	6:06	6:02	
16	Sun	7:18	6.1	7:43	6.1	1:08	-0.7	1:36	-1.0	6:04	6:03	
17	Mon	8:08	6.2	8:32	6.3	2:00	-0.9	2:24	-1.1	6:03	6:04	
18	Tue	8:58	6.1	9:20	6.3	2:51	-1.0	3:11	-1.0	6:01	6:05	
19	Wed	9:48	5.8	10:09	6.2	3:41	-0.9	3:57	-0.8	5:59	6:06	
20	Thu	10:39	5.5	11:01	5.9	4:31	-0.6	4:45	-0.5	5:58	6:07	
21	Fri	11:33	5.1	11:54	5.5	5:22	-0.3	5:35	-0.1	5:56	6:08	
22	Sat			12:29	4.8	6:17	0.1	6:30	0.3	5:54	6:10	
23	Sun	12:49	5.2	1:27	4.6	7:18	0.4	7:31	0.6	5:53	6:11	
24	Mon	1:46	4.9	2:26	4.4	8:25	0.6	8:36	0.8	5:51	6:12	
25	Tue	2:45	4.7	3:26	4.4	9:28	0.6	9:38	0.8	5:50	6:13	
26	Wed	3:44	4.7	4:24	4.5	10:23	0.5	10:33	0.7	5:48	6:14	
27	Thu	4:40	4.7	5:17	4.7	11:11	0.4	11:22	0.5	5:46	6:15	
28	Fri	5:32	4.9	6:04	4.9	11:54	0.2			5:45	6:16	
29	Sat	6:17	5.0	6:47	5.2	12:07	0.3	12:34	0.1	5:43	6:17	
30	Sun	6:59	5.0	7:25	5.3	12:51	0.2	1:13	0.0	5:41	6:18	
31	Mon	7:37	5.1	8:01	5.4	1:32	0.1	1:50	0.0	5:40	6:19	