

































Sheepshead Bay, NY - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:00	4.4	2:12	3.8	8:24	0.8	8:36	0.7	7:19	4:39	
2	Mon	2:48	4.5	3:06	3.7	9:24	0.7	9:30	0.6	7:19	4:40	
3	Tue	3:42	4.6	4:06	3.8	10:18	0.5	10:18	0.5	7:19	4:41	
4	Wed	4:36	4.8	5:06	3.9	11:06	0.2	11:12	0.3	7:19	4:42	
5	Thu	5:30	5.0	6:00	4.1			12:00	0.0	7:19	4:43	
6	Fri	6:18	5.3	6:48	4.3	12:00	0.1	12:48	-0.2	7:19	4:44	
7	Sat	7:06	5.6	7:36	4.5	12:48	0.0	1:42	-0.5	7:19	4:45	
8	Sun	7:54	5.8	8:24	4.7	1:36	-0.2	2:24	-0.6	7:19	4:46	
9	Mon	8:42	5.8	9:12	4.9	2:30	-0.4	3:12	-0.8	7:19	4:47	
10	Tue	9:30	5.7	10:00	5.0	3:18	-0.4	3:54	-0.8	7:18	4:48	
11	Wed	10:18	5.5	10:54	5.1	4:06	-0.4	4:42	-0.7	7:18	4:49	
12	Thu	11:12	5.2	11:42	5.2	5:00	-0.2	5:30	-0.6	7:18	4:50	
13	Fri			12:06	4.9	5:54	-0.1	6:18	-0.4	7:17	4:51	
14	Sat	12:36	5.2	1:00	4.6	7:00	0.1	7:12	-0.2	7:17	4:52	
15	Sun	1:36	5.1	2:00	4.3	8:06	0.3	8:12	0.0	7:17	4:53	
16	Mon	2:30	5.0	3:06	4.2	9:12	0.3	9:18	0.1	7:16	4:54	
17	Tue	3:30	5.0	4:06	4.1	10:12	0.2	10:18	0.1	7:16	4:55	
18	Wed	4:30	5.0	5:12	4.2	11:12	0.1	11:12	0.1	7:15	4:56	
19	Thu	5:30	5.0	6:06	4.3			12:06	0.0	7:15	4:58	
20	Fri	6:24	5.1	7:00	4.4	12:06	0.0	12:54	-0.1	7:14	4:59	
21	Sat	7:12	5.2	7:42	4.5	12:54	0.0	1:42	-0.2	7:13	5:00	
22	Sun	7:54	5.2	8:24	4.6	1:42	0.0	2:24	-0.3	7:13	5:01	
23	Mon	8:36	5.1	9:06	4.6	2:24	0.0	3:00	-0.3	7:12	5:02	
24	Tue	9:12	5.0	9:48	4.6	3:06	0.1	3:36	-0.2	7:11	5:03	
25	Wed	9:48	4.8	10:24	4.6	3:42	0.2	4:12	-0.1	7:11	5:05	
26	Thu	10:24	4.5	11:00	4.5	4:24	0.3	4:42	0.1	7:10	5:06	
27	Fri	11:06	4.3	11:42	4.5	5:00	0.4	5:18	0.3	7:09	5:07	
28	Sat	11:48	4.0			5:42	0.6	5:54	0.5	7:08	5:08	
29	Sun	12:18	4.4	12:30	3.8	6:30	0.7	6:36	0.7	7:07	5:09	
30	Mon	1:06	4.4	1:24	3.7	7:30	0.8	7:30	0.8	7:07	5:11	
31	Tue	1:54	4.4	2:24	3.6	8:36	0.8	8:36	0.8	7:06	5:12	