

































Sheepshead Bay, NY - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:26	5.1	11:00	4.7	4:15	0.1	4:52	-0.3	7:19	4:39	
2	Tue	11:17	4.9	11:52	4.8	5:04	0.2	5:36	-0.2	7:19	4:40	
3	Wed			12:12	4.7	6:00	0.3	6:26	-0.1	7:19	4:41	
4	Thu	12:46	5.0	1:11	4.5	7:05	0.3	7:24	0.0	7:19	4:41	
5	Fri	1:42	5.1	2:12	4.3	8:15	0.3	8:27	0.0	7:19	4:42	
6	Sat	2:42	5.2	3:16	4.3	9:23	0.2	9:30	-0.1	7:19	4:43	
7	Sun	3:45	5.3	4:22	4.3	10:27	0.0	10:31	-0.2	7:19	4:44	
8	Mon	4:48	5.4	5:25	4.5	11:26	-0.2	11:28	-0.3	7:19	4:45	
9	Tue	5:48	5.5	6:23	4.6			12:22	-0.4	7:19	4:46	
10	Wed	6:43	5.7	7:16	4.8	12:24	-0.4	1:15	-0.5	7:18	4:47	
11	Thu	7:33	5.7	8:06	4.9	1:17	-0.4	2:05	-0.6	7:18	4:48	
12	Fri	8:20	5.7	8:54	4.9	2:07	-0.4	2:51	-0.6	7:18	4:49	
13	Sat	9:05	5.5	9:40	4.9	2:55	-0.3	3:34	-0.6	7:17	4:50	
14	Sun	9:49	5.2	10:25	4.8	3:40	-0.2	4:13	-0.4	7:17	4:52	
15	Mon	10:33	4.9	11:09	4.7	4:24	0.0	4:51	-0.2	7:17	4:53	
16	Tue	11:17	4.5	11:53	4.6	5:07	0.2	5:29	0.0	7:16	4:54	
17	Wed			12:01	4.2	5:53	0.4	6:10	0.3	7:16	4:55	
18	Thu	12:37	4.5	12:48	3.9	6:43	0.6	6:55	0.5	7:15	4:56	
19	Fri	1:22	4.4	1:38	3.7	7:39	0.8	7:48	0.7	7:15	4:57	
20	Sat	2:11	4.4	2:31	3.6	8:39	0.8	8:46	0.8	7:14	4:58	
21	Sun	3:03	4.4	3:29	3.6	9:38	0.7	9:43	0.7	7:14	5:00	
22	Mon	3:58	4.4	4:28	3.7	10:33	0.5	10:37	0.6	7:13	5:01	
23	Tue	4:53	4.6	5:24	3.8	11:25	0.3	11:27	0.4	7:12	5:02	
24	Wed	5:45	4.8	6:15	4.0			12:14	0.1	7:12	5:03	
25	Thu	6:32	5.1	7:01	4.3	12:15	0.3	1:01	-0.2	7:11	5:04	
26	Fri	7:16	5.3	7:44	4.5	1:02	0.1	1:45	-0.4	7:10	5:06	
27	Sat	7:58	5.5	8:26	4.8	1:48	-0.1	2:27	-0.6	7:09	5:07	
28	Sun	8:40	5.5	9:08	5.0	2:33	-0.2	3:07	-0.7	7:08	5:08	
29	Mon	9:23	5.4	9:51	5.2	3:18	-0.3	3:46	-0.7	7:08	5:09	
30	Tue	10:09	5.2	10:37	5.3	4:03	-0.3	4:27	-0.6	7:07	5:10	
31	Wed	10:59	4.9	11:27	5.3	4:51	-0.2	5:10	-0.4	7:06	5:12	