

































Sheepshead Bay, NY - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:43	5.0	11:05	5.7	4:37	-0.4	4:47	-0.4	6:29	5:46	
2	Fri	11:38	4.7			5:29	-0.1	5:38	-0.1	6:27	5:47	
3	Sat	12:00	5.4	12:37	4.4	6:29	0.2	6:37	0.2	6:26	5:49	
4	Sun	1:01	5.2	1:41	4.2	7:38	0.5	7:47	0.5	6:24	5:50	
5	Mon	2:05	5.0	2:48	4.2	8:53	0.5	9:00	0.5	6:23	5:51	
6	Tue	3:12	4.9	3:55	4.3	10:01	0.4	10:06	0.4	6:21	5:52	
7	Wed	4:17	4.9	4:58	4.5	10:59	0.2	11:05	0.3	6:20	5:53	
8	Thu	5:16	5.1	5:53	4.8	11:49	-0.1	11:57	0.1	6:18	5:54	
9	Fri	6:08	5.2	6:41	5.1			12:33	-0.2	6:16	5:55	
10	Sat	6:54	5.3	7:23	5.3	12:44	0.0	1:14	-0.3	6:15	5:56	
11	Sun	7:35	5.3	8:02	5.5	1:29	-0.1	1:52	-0.3	6:13	5:57	
12	Mon	8:14	5.2	8:39	5.5	2:10	-0.2	2:28	-0.2	6:12	5:58	
13	Tue	8:52	5.0	9:14	5.4	2:49	-0.1	3:02	-0.1	6:10	6:00	
14	Wed	9:28	4.8	9:48	5.2	3:27	0.0	3:35	0.1	6:08	6:01	
15	Thu	10:05	4.5	10:23	5.0	4:03	0.1	4:07	0.4	6:07	6:02	
16	Fri	10:43	4.3	11:00	4.8	4:40	0.3	4:40	0.6	6:05	6:03	
17	Sat	11:24	4.0	11:42	4.6	5:19	0.6	5:16	0.9	6:03	6:04	
18	Sun			12:13	3.8	6:06	0.8	6:00	1.1	6:02	6:05	
19	Mon	12:32	4.5	1:09	3.7	7:06	1.0	7:04	1.3	6:00	6:06	
20	Tue	1:30	4.4	2:12	3.7	8:17	1.0	8:20	1.3	5:58	6:07	
21	Wed	2:32	4.5	3:16	3.9	9:23	0.8	9:30	1.1	5:57	6:08	
22	Thu	3:36	4.7	4:17	4.2	10:19	0.5	10:30	0.7	5:55	6:09	
23	Fri	4:37	5.0	5:13	4.7	11:09	0.1	11:24	0.3	5:54	6:10	
24	Sat	5:33	5.2	6:02	5.2	11:55	-0.2			5:52	6:11	
25	Sun	6:24	5.5	6:48	5.7	12:16	-0.1	12:40	-0.4	5:50	6:12	
26	Mon	7:12	5.6	7:33	6.1	1:07	-0.4	1:25	-0.6	5:49	6:13	
27	Tue	8:00	5.6	8:18	6.3	1:56	-0.6	2:09	-0.7	5:47	6:14	
28	Wed	8:47	5.5	9:05	6.4	2:45	-0.7	2:54	-0.6	5:45	6:15	
29	Thu	9:36	5.3	9:54	6.2	3:34	-0.6	3:41	-0.5	5:44	6:16	
30	Fri	10:29	5.1	10:47	5.9	4:24	-0.4	4:29	-0.2	5:42	6:17	
31	Sat	11:26	4.8	11:45	5.6	5:17	-0.1	5:23	0.1	5:40	6:19	