

































Sheepshead Bay, NY - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:04	4.3	3:43	5.1	9:21	0.7	10:09	1.1	5:28	8:30	
2	Mon	3:56	4.2	4:32	5.1	10:11	0.8	11:01	1.0	5:29	8:30	
3	Tue	4:50	4.1	5:21	5.2	11:00	0.8	11:51	0.8	5:29	8:30	
4	Wed	5:44	4.1	6:10	5.3	11:48	0.8			5:30	8:29	
5	Thu	6:37	4.2	6:57	5.4	12:38	0.7	12:34	0.8	5:30	8:29	
6	Fri	7:25	4.3	7:41	5.5	1:24	0.5	1:20	0.8	5:31	8:29	
7	Sat	8:10	4.4	8:22	5.6	2:10	0.4	2:04	0.8	5:32	8:29	
8	Sun	8:53	4.5	9:00	5.6	2:54	0.2	2:48	0.8	5:32	8:28	
9	Mon	9:34	4.6	9:39	5.7	3:36	0.1	3:30	0.7	5:33	8:28	
10	Tue	10:14	4.7	10:18	5.6	4:15	0.0	4:12	0.7	5:34	8:28	
11	Wed	10:56	4.8	11:00	5.5	4:53	0.0	4:55	0.7	5:34	8:27	
12	Thu	11:39	5.0	11:47	5.3	5:31	0.0	5:40	0.7	5:35	8:27	
13	Fri			12:26	5.2	6:11	0.1	6:31	0.8	5:36	8:26	
14	Sat	12:38	5.1	1:17	5.3	6:55	0.2	7:30	0.8	5:36	8:26	
15	Sun	1:34	4.8	2:10	5.5	7:46	0.3	8:38	0.8	5:37	8:25	
16	Mon	2:34	4.7	3:08	5.6	8:46	0.4	9:48	0.7	5:38	8:25	
17	Tue	3:38	4.6	4:09	5.8	9:50	0.3	10:55	0.6	5:39	8:24	
18	Wed	4:44	4.6	5:13	5.9	10:53	0.3	11:56	0.3	5:40	8:23	
19	Thu	5:50	4.7	6:15	6.1	11:54	0.1			5:40	8:23	
20	Fri	6:52	4.9	7:13	6.2	12:55	0.1	12:51	0.0	5:41	8:22	
21	Sat	7:49	5.1	8:06	6.3	1:50	-0.1	1:47	0.0	5:42	8:21	
22	Sun	8:42	5.3	8:56	6.3	2:41	-0.3	2:41	0.0	5:43	8:20	
23	Mon	9:32	5.4	9:43	6.1	3:30	-0.4	3:32	0.0	5:44	8:19	
24	Tue	10:20	5.4	10:28	5.9	4:14	-0.4	4:20	0.2	5:45	8:19	
25	Wed	11:07	5.4	11:13	5.5	4:56	-0.3	5:07	0.4	5:46	8:18	
26	Thu	11:53	5.4	11:59	5.1	5:36	-0.1	5:53	0.6	5:47	8:17	
27	Fri			12:39	5.3	6:15	0.2	6:40	0.8	5:47	8:16	
28	Sat	12:45	4.8	1:25	5.1	6:55	0.5	7:30	1.1	5:48	8:15	
29	Sun	1:33	4.4	2:11	5.0	7:40	0.8	8:26	1.2	5:49	8:14	
30	Mon	2:23	4.2	3:00	5.0	8:31	1.0	9:26	1.3	5:50	8:13	
31	Tue	3:16	4.0	3:51	4.9	9:28	1.1	10:25	1.2	5:51	8:12	