
































## Sheepshead Bay, NY - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:36	4.2	5:55	5.3	11:40	1.0			6:22	7:28	
2	Sun	6:28	4.6	6:43	5.6	12:27	0.5	12:29	0.8	6:23	7:27	
3	Mon	7:14	4.9	7:28	5.8	1:11	0.2	1:16	0.5	6:24	7:25	
4	Tue	7:56	5.3	8:10	5.9	1:52	0.0	2:02	0.3	6:25	7:23	
5	Wed	8:37	5.6	8:53	5.9	2:33	-0.2	2:48	0.1	6:26	7:22	
6	Thu	9:17	5.9	9:36	5.8	3:13	-0.3	3:33	0.0	6:27	7:20	
7	Fri	9:59	6.0	10:21	5.6	3:53	-0.3	4:20	0.0	6:28	7:18	
8	Sat	10:44	6.1	11:10	5.3	4:34	-0.2	5:07	0.2	6:29	7:17	
9	Sun	11:35	6.0			5:18	0.0	5:59	0.4	6:30	7:15	
10	Mon	12:04	5.0	12:31	5.8	6:07	0.3	6:58	0.7	6:31	7:13	
11	Tue	1:05	4.7	1:33	5.6	7:05	0.5	8:08	0.9	6:32	7:12	
12	Wed	2:10	4.6	2:38	5.5	8:13	0.7	9:24	0.9	6:33	7:10	
13	Thu	3:17	4.5	3:44	5.5	9:27	0.8	10:34	0.7	6:34	7:08	
14	Fri	4:23	4.6	4:48	5.5	10:35	0.6	11:32	0.5	6:35	7:07	
15	Sat	5:27	4.9	5:47	5.7	11:35	0.5			6:36	7:05	
16	Sun	6:24	5.2	6:39	5.8	12:23	0.2	12:28	0.3	6:37	7:03	
17	Mon	7:14	5.5	7:27	5.8	1:08	0.0	1:17	0.2	6:38	7:02	
18	Tue	7:58	5.7	8:10	5.8	1:49	-0.1	2:02	0.1	6:39	7:00	
19	Wed	8:39	5.8	8:51	5.6	2:29	-0.1	2:46	0.1	6:40	6:58	
20	Thu	9:18	5.8	9:30	5.4	3:06	0.0	3:27	0.2	6:41	6:57	
21	Fri	9:55	5.7	10:09	5.1	3:43	0.2	4:07	0.3	6:42	6:55	
22	Sat	10:32	5.5	10:47	4.8	4:18	0.4	4:46	0.5	6:43	6:53	
23	Sun	11:11	5.3	11:28	4.5	4:53	0.7	5:26	0.8	6:44	6:52	
24	Mon	11:52	5.0			5:29	0.9	6:09	1.1	6:45	6:50	
25	Tue	12:12	4.2	12:39	4.8	6:08	1.2	6:59	1.3	6:46	6:48	
26	Wed	1:04	4.0	1:32	4.7	6:56	1.4	8:01	1.4	6:47	6:46	
27	Thu	2:02	3.9	2:29	4.7	7:59	1.5	9:10	1.4	6:48	6:45	
28	Fri	3:04	3.9	3:27	4.8	9:11	1.5	10:12	1.1	6:49	6:43	
29	Sat	4:04	4.1	4:24	5.0	10:15	1.3	11:05	0.8	6:50	6:41	
30	Sun	5:00	4.4	5:18	5.2	11:11	1.0	11:51	0.4	6:51	6:40	