
































## Sheepshead Bay, NY - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:50	6.0	6:18	5.4			12:15	-0.3	6:25	4:52	
2	Fri	6:38	6.3	7:08	5.5	12:25	-0.4	1:05	-0.5	6:26	4:51	
3	Sat	7:26	6.5	7:57	5.4	1:13	-0.5	1:56	-0.5	6:28	4:50	
4	Sun	8:16	6.5	8:48	5.3	2:02	-0.5	2:48	-0.4	6:29	4:49	
5	Mon	9:07	6.3	9:42	5.1	2:53	-0.4	3:41	-0.2	6:30	4:48	
6	Tue	10:03	6.0	10:41	4.9	3:46	-0.2	4:36	0.0	6:31	4:47	
7	Wed	11:02	5.7	11:43	4.7	4:41	0.1	5:34	0.2	6:32	4:46	
8	Thu			12:03	5.4	5:41	0.4	6:37	0.4	6:33	4:45	
9	Fri	12:46	4.7	1:04	5.2	6:47	0.6	7:42	0.4	6:35	4:44	
10	Sat	1:47	4.7	2:03	5.0	7:56	0.7	8:42	0.3	6:36	4:43	
11	Sun	2:45	4.9	3:00	4.9	9:01	0.7	9:35	0.2	6:37	4:42	
12	Mon	3:40	5.1	3:54	4.8	9:58	0.5	10:21	0.1	6:38	4:41	
13	Tue	4:30	5.2	4:46	4.8	10:47	0.4	11:03	0.1	6:39	4:40	
14	Wed	5:16	5.4	5:34	4.8	11:32	0.2	11:43	0.1	6:41	4:39	
15	Thu	5:59	5.5	6:18	4.8			12:14	0.1	6:42	4:38	
16	Fri	6:39	5.5	7:00	4.7	12:22	0.2	12:56	0.1	6:43	4:37	
17	Sat	7:18	5.5	7:40	4.6	1:01	0.3	1:37	0.1	6:44	4:36	
18	Sun	7:55	5.4	8:18	4.5	1:40	0.4	2:17	0.2	6:45	4:36	
19	Mon	8:32	5.2	8:56	4.3	2:19	0.5	2:58	0.3	6:46	4:35	
20	Tue	9:09	5.1	9:36	4.2	2:57	0.6	3:38	0.4	6:47	4:34	
21	Wed	9:46	4.9	10:19	4.0	3:34	0.8	4:20	0.5	6:49	4:34	
22	Thu	10:28	4.8	11:06	3.9	4:12	0.9	5:02	0.6	6:50	4:33	
23	Fri	11:14	4.7	11:58	4.0	4:54	1.1	5:49	0.6	6:51	4:32	
24	Sat			12:07	4.6	5:45	1.1	6:41	0.6	6:52	4:32	
25	Sun	12:51	4.1	1:03	4.6	6:49	1.1	7:36	0.5	6:53	4:31	
26	Mon	1:44	4.4	2:01	4.6	7:59	0.9	8:32	0.4	6:54	4:31	
27	Tue	2:37	4.8	3:01	4.6	9:05	0.6	9:26	0.2	6:55	4:30	
28	Wed	3:31	5.2	4:01	4.7	10:04	0.2	10:17	-0.1	6:56	4:30	
29	Thu	4:27	5.6	4:59	4.8	11:00	-0.1	11:08	-0.3	6:57	4:30	
30	Fri	5:22	5.9	5:56	5.0	11:54	-0.4			6:58	4:29	