





























Sheepshead Bay, NY - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:34	4.7	10:51	5.4	4:29	-0.1	4:37	0.0	6:28	5:47	
2	Mon	11:25	4.4	11:44	5.3	5:16	0.1	5:22	0.2	6:27	5:48	
3	Tue			12:24	4.2	6:13	0.3	6:19	0.4	6:25	5:49	
4	Wed	12:45	5.1	1:28	4.1	7:24	0.5	7:30	0.5	6:24	5:50	
5	Thu	1:51	5.1	2:37	4.1	8:41	0.5	8:47	0.5	6:22	5:51	
6	Fri	3:01	5.1	3:46	4.3	9:51	0.3	9:58	0.3	6:21	5:52	
7	Sat	4:09	5.2	4:52	4.7	10:52	0.0	11:00	0.0	6:19	5:53	
8	Sun	6:12	5.4	6:50	5.1			12:45	-0.3	7:17	6:54	
9	Mon	7:08	5.6	7:42	5.5	12:57	-0.3	1:34	-0.6	7:16	6:56	
10	Tue	7:58	5.7	8:29	5.8	1:49	-0.5	2:19	-0.7	7:14	6:57	
11	Wed	8:45	5.7	9:12	5.9	2:39	-0.6	3:02	-0.7	7:13	6:58	
12	Thu	9:29	5.5	9:54	5.9	3:25	-0.6	3:43	-0.6	7:11	6:59	
13	Fri	10:12	5.3	10:35	5.7	4:09	-0.5	4:22	-0.4	7:09	7:00	
14	Sat	10:55	5.0	11:17	5.5	4:50	-0.3	5:00	-0.1	7:08	7:01	
15	Sun	11:38	4.6	11:59	5.1	5:31	0.0	5:38	0.3	7:06	7:02	
16	Mon			12:24	4.3	6:14	0.3	6:18	0.7	7:04	7:03	
17	Tue	12:45	4.8	1:13	4.0	7:01	0.7	7:05	1.0	7:03	7:04	
18	Wed	1:34	4.6	2:06	3.8	7:56	0.9	8:03	1.2	7:01	7:05	
19	Thu	2:29	4.4	3:04	3.7	9:01	1.1	9:11	1.3	6:59	7:06	
20	Fri	3:27	4.3	4:05	3.8	10:06	1.0	10:18	1.3	6:58	7:07	
21	Sat	4:26	4.4	5:05	4.0	11:03	0.8	11:16	1.1	6:56	7:08	
22	Sun	5:22	4.5	5:59	4.3	11:51	0.5			6:55	7:10	
23	Mon	6:14	4.7	6:46	4.7	12:07	0.8	12:36	0.2	6:53	7:11	
24	Tue	7:01	4.9	7:27	5.1	12:54	0.5	1:17	0.0	6:51	7:12	
25	Wed	7:44	5.1	8:06	5.4	1:39	0.3	1:57	-0.1	6:50	7:13	
26	Thu	8:26	5.2	8:43	5.7	2:23	0.0	2:36	-0.2	6:48	7:14	
27	Fri	9:07	5.2	9:21	5.8	3:06	-0.2	3:16	-0.2	6:46	7:15	
28	Sat	9:49	5.1	10:01	5.9	3:49	-0.3	3:55	-0.2	6:45	7:16	
29	Sun	10:33	5.0	10:45	5.9	4:32	-0.3	4:36	-0.1	6:43	7:17	
30	Mon	11:21	4.8	11:35	5.7	5:18	-0.1	5:20	0.1	6:41	7:18	
31	Tue			12:16	4.6	6:08	0.1	6:10	0.3	6:40	7:19	