
































Sheepshead Bay, NY - Jun 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:01	5.0	3:46	5.5	9:32	0.1	10:08	0.7	5:26	8:20	
2	Tue	3:58	4.8	4:39	5.6	10:25	0.2	11:05	0.6	5:26	8:21	
3	Wed	4:54	4.7	5:31	5.6	11:14	0.2	11:56	0.4	5:26	8:21	
4	Thu	5:50	4.6	6:19	5.7			12:00	0.3	5:25	8:22	
5	Fri	6:42	4.6	7:06	5.7	12:43	0.3	12:45	0.4	5:25	8:23	
6	Sat	7:31	4.6	7:50	5.7	1:29	0.3	1:28	0.5	5:25	8:23	
7	Sun	8:16	4.6	8:31	5.6	2:14	0.3	2:12	0.6	5:24	8:24	
8	Mon	8:59	4.5	9:12	5.6	2:58	0.3	2:54	0.7	5:24	8:24	
9	Tue	9:41	4.5	9:50	5.4	3:40	0.3	3:36	0.8	5:24	8:25	
10	Wed	10:23	4.4	10:28	5.3	4:21	0.3	4:16	0.9	5:24	8:26	
11	Thu	11:05	4.3	11:06	5.1	5:00	0.4	4:56	1.1	5:24	8:26	
12	Fri	11:49	4.3	11:46	4.9	5:38	0.4	5:36	1.2	5:24	8:26	
13	Sat			12:32	4.4	6:17	0.5	6:20	1.3	5:24	8:27	
14	Sun	12:29	4.8	1:17	4.5	6:58	0.6	7:10	1.4	5:24	8:27	
15	Mon	1:17	4.6	2:02	4.7	7:43	0.6	8:10	1.3	5:24	8:28	
16	Tue	2:09	4.5	2:50	4.9	8:33	0.6	9:16	1.2	5:24	8:28	
17	Wed	3:05	4.5	3:40	5.2	9:27	0.6	10:19	0.9	5:24	8:28	
18	Thu	4:05	4.4	4:35	5.5	10:22	0.5	11:18	0.6	5:24	8:29	
19	Fri	5:08	4.5	5:32	5.8	11:17	0.4			5:24	8:29	
20	Sat	6:09	4.6	6:30	6.1	12:14	0.3	12:11	0.2	5:24	8:29	
21	Sun	7:08	4.8	7:26	6.4	1:10	0.0	1:06	0.0	5:25	8:30	
22	Mon	8:04	5.0	8:20	6.5	2:05	-0.2	2:02	-0.1	5:25	8:30	
23	Tue	8:58	5.2	9:13	6.6	3:00	-0.4	2:57	-0.2	5:25	8:30	
24	Wed	9:52	5.3	10:06	6.5	3:52	-0.5	3:53	-0.2	5:25	8:30	
25	Thu	10:47	5.4	10:58	6.2	4:42	-0.6	4:47	-0.1	5:26	8:30	
26	Fri	11:42	5.5	11:51	5.9	5:31	-0.5	5:41	0.1	5:26	8:30	
27	Sat			12:37	5.5	6:20	-0.4	6:37	0.3	5:27	8:30	
28	Sun	12:45	5.5	1:31	5.6	7:09	-0.2	7:36	0.6	5:27	8:30	
29	Mon	1:39	5.2	2:23	5.5	8:01	0.0	8:37	0.7	5:27	8:30	
30	Tue	2:33	4.8	3:15	5.5	8:55	0.3	9:39	0.8	5:28	8:30	