




























Sheepshead Bay, NY - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:28	4.6	4:07	5.4	9:49	0.4	10:37	0.8	5:28	8:30	
2	Thu	4:25	4.4	4:59	5.4	10:41	0.6	11:30	0.7	5:29	8:30	
3	Fri	5:21	4.3	5:51	5.4	11:30	0.6			5:29	8:30	
4	Sat	6:16	4.3	6:40	5.4	12:19	0.6	12:17	0.7	5:30	8:29	
5	Sun	7:07	4.4	7:26	5.5	1:06	0.5	1:03	0.7	5:31	8:29	
6	Mon	7:54	4.4	8:09	5.5	1:52	0.4	1:48	0.7	5:31	8:29	
7	Tue	8:38	4.5	8:49	5.5	2:36	0.4	2:32	0.8	5:32	8:29	
8	Wed	9:19	4.5	9:26	5.5	3:17	0.3	3:14	0.8	5:33	8:28	
9	Thu	9:59	4.6	10:02	5.3	3:56	0.2	3:54	0.9	5:33	8:28	
10	Fri	10:37	4.6	10:37	5.2	4:33	0.2	4:33	1.0	5:34	8:27	
11	Sat	11:15	4.6	11:14	5.0	5:08	0.2	5:11	1.1	5:35	8:27	
12	Sun	11:54	4.7	11:54	4.9	5:43	0.3	5:51	1.1	5:35	8:27	
13	Mon			12:35	4.8	6:18	0.4	6:36	1.1	5:36	8:26	
14	Tue	12:41	4.7	1:19	5.0	6:57	0.5	7:31	1.1	5:37	8:25	
15	Wed	1:34	4.5	2:09	5.2	7:45	0.6	8:37	1.1	5:38	8:25	
16	Thu	2:32	4.4	3:04	5.4	8:43	0.7	9:47	0.9	5:38	8:24	
17	Fri	3:35	4.3	4:04	5.6	9:47	0.6	10:54	0.7	5:39	8:24	
18	Sat	4:41	4.4	5:08	5.8	10:50	0.4	11:55	0.4	5:40	8:23	
19	Sun	5:47	4.5	6:11	6.1	11:50	0.2			5:41	8:22	
20	Mon	6:50	4.8	7:10	6.4	12:53	0.1	12:49	0.0	5:42	8:22	
21	Tue	7:47	5.1	8:05	6.6	1:48	-0.2	1:46	-0.2	5:43	8:21	
22	Wed	8:42	5.4	8:57	6.6	2:41	-0.5	2:43	-0.3	5:43	8:20	
23	Thu	9:34	5.7	9:47	6.5	3:31	-0.6	3:37	-0.3	5:44	8:19	
24	Fri	10:25	5.8	10:37	6.2	4:19	-0.7	4:30	-0.2	5:45	8:18	
25	Sat	11:17	5.9	11:27	5.8	5:04	-0.6	5:21	0.0	5:46	8:17	
26	Sun			12:08	5.8	5:49	-0.4	6:13	0.3	5:47	8:17	
27	Mon	12:18	5.4	12:59	5.7	6:35	-0.1	7:06	0.6	5:48	8:16	
28	Tue	1:10	5.0	1:50	5.5	7:23	0.2	8:04	0.8	5:49	8:15	
29	Wed	2:03	4.6	2:41	5.3	8:15	0.6	9:05	1.0	5:50	8:14	
30	Thu	2:58	4.4	3:34	5.2	9:12	0.8	10:07	1.0	5:51	8:13	
31	Fri	3:55	4.2	4:29	5.1	10:09	0.9	11:04	1.0	5:52	8:12	