
































Sheepshead Bay, NY - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:08	5.6	6:34	5.1	12:58	0.1	12:31	0.1	6:26	4:52	
2	Mon	6:49	5.8	7:18	5.1	12:39	0.0	1:16	-0.1	6:27	4:51	
3	Tue	7:30	6.0	8:02	5.1	1:22	0.0	2:02	-0.1	6:28	4:50	
4	Wed	8:14	6.0	8:48	4.9	2:05	0.0	2:50	-0.1	6:29	4:48	
5	Thu	9:02	6.0	9:38	4.8	2:51	0.0	3:39	0.0	6:30	4:47	
6	Fri	9:54	5.8	10:35	4.6	3:40	0.1	4:31	0.2	6:32	4:46	
7	Sat	10:52	5.6	11:36	4.6	4:33	0.3	5:28	0.3	6:33	4:45	
8	Sun	11:54	5.4			5:32	0.4	6:30	0.4	6:34	4:44	
9	Mon	12:40	4.6	12:56	5.3	6:39	0.6	7:35	0.3	6:35	4:43	
10	Tue	1:42	4.8	1:58	5.2	7:51	0.6	8:36	0.2	6:36	4:42	
11	Wed	2:42	5.1	2:58	5.1	8:59	0.5	9:32	0.0	6:37	4:41	
12	Thu	3:39	5.4	3:56	5.1	9:59	0.2	10:22	-0.1	6:39	4:40	
13	Fri	4:33	5.6	4:51	5.1	10:52	0.0	11:09	-0.2	6:40	4:39	
14	Sat	5:23	5.8	5:43	5.1	11:42	-0.1	11:54	-0.2	6:41	4:38	
15	Sun	6:10	5.9	6:32	5.1			12:28	-0.2	6:42	4:38	
16	Mon	6:54	5.9	7:17	5.0	12:38	-0.1	1:14	-0.2	6:43	4:37	
17	Tue	7:37	5.8	8:01	4.8	1:21	0.0	1:58	-0.1	6:44	4:36	
18	Wed	8:19	5.6	8:43	4.6	2:03	0.1	2:42	0.0	6:46	4:35	
19	Thu	9:00	5.4	9:26	4.4	2:44	0.3	3:24	0.2	6:47	4:35	
20	Fri	9:43	5.1	10:11	4.2	3:25	0.5	4:07	0.4	6:48	4:34	
21	Sat	10:26	4.9	10:59	4.1	4:06	0.7	4:50	0.5	6:49	4:33	
22	Sun	11:12	4.7	11:49	4.0	4:50	1.0	5:35	0.7	6:50	4:33	
23	Mon			12:00	4.5	5:38	1.2	6:24	0.8	6:51	4:32	
24	Tue	12:40	4.0	12:50	4.3	6:34	1.3	7:16	0.8	6:52	4:32	
25	Wed	1:30	4.1	1:42	4.3	7:37	1.3	8:10	0.7	6:53	4:31	
26	Thu	2:19	4.3	2:35	4.3	8:40	1.1	9:01	0.6	6:55	4:31	
27	Fri	3:07	4.6	3:29	4.3	9:36	0.8	9:49	0.4	6:56	4:30	
28	Sat	3:56	4.9	4:23	4.4	10:28	0.5	10:36	0.2	6:57	4:30	
29	Sun	4:45	5.2	5:17	4.5	11:17	0.2	11:22	0.1	6:58	4:30	
30	Mon	5:33	5.5	6:08	4.7			12:06	-0.1	6:59	4:29	