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# Sheepshead Bay, NY - Mar 2019

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 3:45 | 4.6 | 4:16 | 4.0 | 10:17 | 0.6 | 10:29 | 0.7 | 6:29 | 5:46 | |
| 2 | Sat | 4:42 | 4.6 | 5:12 | 4.2 | 11:08 | 0.4 | 11:19 | 0.6 | 6:27 | 5:47 | |
| 3 | Sun | 5:34 | 4.8 | 6:02 | 4.4 | 11:54 | 0.3 | | | 6:26 | 5:48 | |
| 4 | Mon | 6:21 | 4.9 | 6:47 | 4.6 | 12:06 | 0.4 | 12:38 | 0.1 | 6:24 | 5:50 | |
| 5 | Tue | 7:03 | 5.0 | 7:27 | 4.8 | 12:50 | 0.3 | 1:18 | -0.1 | 6:23 | 5:51 | |
| 6 | Wed | 7:41 | 5.1 | 8:03 | 4.9 | 1:32 | 0.2 | 1:57 | -0.2 | 6:21 | 5:52 | |
| 7 | Thu | 8:17 | 5.1 | 8:38 | 5.0 | 2:12 | 0.2 | 2:33 | -0.2 | 6:20 | 5:53 | |
| 8 | Fri | 8:52 | 5.0 | 9:11 | 5.0 | 2:49 | 0.1 | 3:08 | -0.1 | 6:18 | 5:54 | |
| 9 | Sat | 9:27 | 4.9 | 9:43 | 5.1 | 3:26 | 0.1 | 3:41 | 0.0 | 6:16 | 5:55 | |
| 10 | Sun | 11:04 | 4.8 | 11:18 | 5.1 | 5:02 | 0.2 | 5:14 | 0.1 | 7:15 | 6:56 | |
| 11 | Mon | 11:45 | 4.6 | 11:59 | 5.1 | 5:39 | 0.2 | 5:49 | 0.3 | 7:13 | 6:57 | |
| 12 | Tue | | | 12:33 | 4.4 | 6:21 | 0.4 | 6:30 | 0.5 | 7:12 | 6:58 | |
| 13 | Wed | 12:48 | 5.0 | 1:28 | 4.2 | 7:14 | 0.5 | 7:23 | 0.6 | 7:10 | 6:59 | |
| 14 | Thu | 1:45 | 5.0 | 2:31 | 4.2 | 8:23 | 0.6 | 8:33 | 0.7 | 7:08 | 7:01 | |
| 15 | Fri | 2:49 | 5.1 | 3:38 | 4.2 | 9:39 | 0.5 | 9:49 | 0.6 | 7:07 | 7:02 | |
| 16 | Sat | 3:58 | 5.2 | 4:46 | 4.4 | 10:49 | 0.3 | 10:58 | 0.3 | 7:05 | 7:03 | |
| 17 | Sun | 5:07 | 5.4 | 5:51 | 4.8 | 11:50 | 0.0 | | | 7:03 | 7:04 | |
| 18 | Mon | 6:12 | 5.6 | 6:50 | 5.3 | 12:00 | -0.1 | 12:45 | -0.4 | 7:02 | 7:05 | |
| 19 | Tue | 7:10 | 5.9 | 7:44 | 5.7 | 12:58 | -0.4 | 1:37 | -0.7 | 7:00 | 7:06 | |
| 20 | Wed | 8:03 | 6.1 | 8:34 | 6.1 | 1:53 | -0.7 | 2:26 | -0.9 | 6:59 | 7:07 | |
| 21 | Thu | 8:53 | 6.1 | 9:22 | 6.3 | 2:46 | -0.9 | 3:13 | -0.9 | 6:57 | 7:08 | |
| 22 | Fri | 9:41 | 6.0 | 10:08 | 6.2 | 3:36 | -0.9 | 3:58 | -0.9 | 6:55 | 7:09 | |
| 23 | Sat | 10:28 | 5.7 | 10:55 | 6.1 | 4:24 | -0.8 | 4:42 | -0.6 | 6:54 | 7:10 | |
| 24 | Sun | 11:17 | 5.4 | 11:42 | 5.8 | 5:11 | -0.6 | 5:25 | -0.3 | 6:52 | 7:11 | |
| 25 | Mon | | | 12:06 | 5.0 | 5:57 | -0.2 | 6:10 | 0.1 | 6:50 | 7:12 | |
| 26 | Tue | 12:31 | 5.4 | 12:58 | 4.6 | 6:46 | 0.2 | 6:58 | 0.5 | 6:49 | 7:13 | |
| 27 | Wed | 1:22 | 5.1 | 1:52 | 4.3 | 7:40 | 0.5 | 7:53 | 0.9 | 6:47 | 7:14 | |
| 28 | Thu | 2:15 | 4.8 | 2:48 | 4.1 | 8:40 | 0.8 | 8:55 | 1.1 | 6:45 | 7:15 | |
| 29 | Fri | 3:11 | 4.6 | 3:46 | 4.1 | 9:44 | 0.9 | 10:00 | 1.1 | 6:44 | 7:16 | |
| 30 | Sat | 4:09 | 4.5 | 4:45 | 4.1 | 10:43 | 0.8 | 10:59 | 1.0 | 6:42 | 7:17 | |
| 31 | Sun | 5:06 | 4.6 | 5:41 | 4.3 | 11:34 | 0.6 | 11:51 | 0.9 | 6:40 | 7:18 | |