US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**2:45**	4.4	**3:28**	3.8	**9:33**	0.9	**9:34**	0.9	6:29	5:46	
2	Thu	**3:46**	4.3	**4:29**	3.8	**10:31**	0.8	**10:30**	0.8	6:27	5:47	
3	Fri	**4:45**	4.4	**5:25**	4.0	**11:21**	0.6	**11:21**	0.7	6:26	5:48	
4	Sat	**5:37**	4.6	**6:14**	4.3			**12:07**	0.4	6:24	5:50	
5	Sun	**6:23**	4.8	**6:57**	4.6	**12:09**	0.5	**12:48**	0.2	6:23	5:51	
6	Mon	**7:03**	5.0	**7:35**	4.8	**12:53**	0.4	**1:26**	0.0	6:21	5:52	
7	Tue	**7:40**	5.0	**8:10**	5.0	**1:35**	0.2	**2:03**	-0.1	6:20	5:53	
8	Wed	**8:15**	5.0	**8:44**	5.1	**2:15**	0.1	**2:37**	-0.1	6:18	5:54	
9	Thu	**8:49**	5.0	**9:16**	5.2	**2:53**	0.1	**3:09**	-0.1	6:16	5:55	
10	Fri	**9:25**	4.9	**9:49**	5.2	**3:30**	0.0	**3:41**	0.1	6:15	5:56	
11	Sat	**10:04**	4.7	**10:27**	5.2	**4:08**	0.0	**4:13**	0.2	6:13	5:57	
12	Sun	**11:49**	4.5			**5:49**	0.1	**5:48**	0.4	7:12	6:58	
13	Mon	**12:12**	5.2	**12:40**	4.3	**6:36**	0.3	**6:32**	0.6	7:10	6:59	
14	Tue	**1:06**	5.1	**1:40**	4.1	**7:36**	0.5	**7:33**	0.7	7:08	7:01	
15	Wed	**2:09**	5.0	**2:47**	4.0	**8:50**	0.6	**8:54**	0.8	7:07	7:02	
16	Thu	**3:18**	5.1	**3:58**	4.1	**10:06**	0.5	**10:14**	0.6	7:05	7:03	
17	Fri	**4:29**	5.2	**5:08**	4.4	**11:13**	0.2	**11:23**	0.3	7:03	7:04	
18	Sat	**5:37**	5.4	**6:13**	4.8			**12:11**	-0.1	7:02	7:05	
19	Sun	**6:38**	5.7	**7:09**	5.3	**12:24**	0.0	**1:04**	-0.4	7:00	7:06	
20	Mon	**7:32**	5.9	**8:00**	5.7	**1:21**	-0.3	**1:52**	-0.7	6:58	7:07	
21	Tue	**8:22**	5.9	**8:47**	6.0	**2:14**	-0.5	**2:38**	-0.9	6:57	7:08	
22	Wed	**9:09**	5.9	**9:32**	6.1	**3:04**	-0.6	**3:22**	-0.8	6:55	7:09	
23	Thu	**9:55**	5.7	**10:15**	6.1	**3:51**	-0.6	**4:04**	-0.7	6:54	7:10	
24	Fri	**10:40**	5.3	**10:57**	5.8	**4:36**	-0.5	**4:44**	-0.4	6:52	7:11	
25	Sat	**11:26**	5.0	**11:41**	5.5	**5:19**	-0.2	**5:25**	0.0	6:50	7:12	
26	Sun			**12:14**	4.6	**6:03**	0.1	**6:07**	0.4	6:49	7:13	
27	Mon	**12:27**	5.1	**1:05**	4.3	**6:50**	0.5	**6:53**	0.8	6:47	7:14	
28	Tue	**1:16**	4.8	**1:59**	4.0	**7:44**	0.9	**7:48**	1.1	6:45	7:15	
29	Wed	**2:10**	4.5	**2:56**	3.9	**8:49**	1.1	**8:53**	1.3	6:44	7:16	
30	Thu	**3:08**	4.4	**3:57**	3.9	**9:56**	1.1	**10:00**	1.3	6:42	7:17	
31	Fri	**4:08**	4.3	**4:57**	4.0	**10:56**	1.0	**11:01**	1.1	6:40	7:18	