































## Sheepshead Bay, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:45	4.4	3:28	3.8	9:33	0.9	9:34	0.9	6:29	5:46	
2	Thu	3:46	4.3	4:29	3.8	10:31	0.8	10:30	0.8	6:27	5:47	
3	Fri	4:45	4.4	5:25	4.0	11:21	0.6	11:21	0.7	6:26	5:48	
4	Sat	5:37	4.6	6:14	4.3			12:07	0.4	6:24	5:50	
5	Sun	6:23	4.8	6:57	4.6	12:09	0.5	12:48	0.2	6:23	5:51	
6	Mon	7:03	5.0	7:35	4.8	12:53	0.4	1:26	0.0	6:21	5:52	
7	Tue	7:40	5.0	8:10	5.0	1:35	0.2	2:03	-0.1	6:20	5:53	
8	Wed	8:15	5.0	8:44	5.1	2:15	0.1	2:37	-0.1	6:18	5:54	
9	Thu	8:49	5.0	9:16	5.2	2:53	0.1	3:09	-0.1	6:16	5:55	
10	Fri	9:25	4.9	9:49	5.2	3:30	0.0	3:41	0.1	6:15	5:56	
11	Sat	10:04	4.7	10:27	5.2	4:08	0.0	4:13	0.2	6:13	5:57	
12	Sun	11:49	4.5			5:49	0.1	5:48	0.4	7:12	6:58	
13	Mon	12:12	5.2	12:40	4.3	6:36	0.3	6:32	0.6	7:10	6:59	
14	Tue	1:06	5.1	1:40	4.1	7:36	0.5	7:33	0.7	7:08	7:01	
15	Wed	2:09	5.0	2:47	4.0	8:50	0.6	8:54	0.8	7:07	7:02	
16	Thu	3:18	5.1	3:58	4.1	10:06	0.5	10:14	0.6	7:05	7:03	
17	Fri	4:29	5.2	5:08	4.4	11:13	0.2	11:23	0.3	7:03	7:04	
18	Sat	5:37	5.4	6:13	4.8			12:11	-0.1	7:02	7:05	
19	Sun	6:38	5.7	7:09	5.3	12:24	0.0	1:04	-0.4	7:00	7:06	
20	Mon	7:32	5.9	8:00	5.7	1:21	-0.3	1:52	-0.7	6:58	7:07	
21	Tue	8:22	5.9	8:47	6.0	2:14	-0.5	2:38	-0.9	6:57	7:08	
22	Wed	9:09	5.9	9:32	6.1	3:04	-0.6	3:22	-0.8	6:55	7:09	
23	Thu	9:55	5.7	10:15	6.1	3:51	-0.6	4:04	-0.7	6:54	7:10	
24	Fri	10:40	5.3	10:57	5.8	4:36	-0.5	4:44	-0.4	6:52	7:11	
25	Sat	11:26	5.0	11:41	5.5	5:19	-0.2	5:25	0.0	6:50	7:12	
26	Sun			12:14	4.6	6:03	0.1	6:07	0.4	6:49	7:13	
27	Mon	12:27	5.1	1:05	4.3	6:50	0.5	6:53	0.8	6:47	7:14	
28	Tue	1:16	4.8	1:59	4.0	7:44	0.9	7:48	1.1	6:45	7:15	
29	Wed	2:10	4.5	2:56	3.9	8:49	1.1	8:53	1.3	6:44	7:16	
30	Thu	3:08	4.4	3:57	3.9	9:56	1.1	10:00	1.3	6:42	7:17	
31	Fri	4:08	4.3	4:57	4.0	10:56	1.0	11:01	1.1	6:40	7:18	