US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:36	4.5	7:00	6.1	12:42	0.2	12:38	0.4	5:28	8:30	
2	Sun	7:32	4.7	7:53	6.3	1:35	0.0	1:31	0.2	5:29	8:30	
3	Mon	8:25	4.9	8:45	6.5	2:29	-0.2	2:25	0.1	5:29	8:30	
4	Tue	9:18	5.0	9:37	6.5	3:22	-0.4	3:20	0.0	5:30	8:30	
5	Wed	10:11	5.2	10:30	6.4	4:13	-0.5	4:15	0.0	5:30	8:29	
6	Thu	11:06	5.3	11:23	6.1	5:03	-0.5	5:09	0.1	5:31	8:29	
7	Fri			12:02	5.4	5:51	-0.5	6:05	0.3	5:32	8:29	
8	Sat	12:17	5.8	12:58	5.5	6:40	-0.4	7:04	0.5	5:32	8:28	
9	Sun	1:12	5.5	1:52	5.5	7:32	-0.2	8:06	0.7	5:33	8:28	
10	Mon	2:08	5.1	2:46	5.6	8:25	0.0	9:11	0.8	5:34	8:28	
11	Tue	3:04	4.8	3:39	5.6	9:20	0.2	10:13	0.7	5:34	8:27	
12	Wed	4:01	4.6	4:32	5.5	10:14	0.3	11:10	0.7	5:35	8:27	
13	Thu	4:59	4.5	5:25	5.5	11:06	0.4			5:36	8:26	
14	Fri	5:56	4.5	6:17	5.5	12:03	0.6	11:56 AM	0.5	5:37	8:26	
15	Sat	6:50	4.5	7:06	5.5	12:52	0.5	12:44	0.6	5:37	8:25	
16	Sun	7:40	4.5	7:51	5.6	1:39	0.5	1:30	0.6	5:38	8:25	
17	Mon	8:26	4.6	8:33	5.5	2:24	0.4	2:15	0.7	5:39	8:24	
18	Tue	9:09	4.6	9:12	5.5	3:07	0.4	2:59	0.7	5:40	8:23	
19	Wed	9:51	4.6	9:50	5.4	3:48	0.3	3:41	0.8	5:41	8:23	
20	Thu	10:32	4.6	10:25	5.2	4:25	0.3	4:21	0.9	5:41	8:22	
21	Fri	11:12	4.6	11:01	5.1	5:01	0.4	5:01	1.0	5:42	8:21	
22	Sat	11:52	4.6	11:38	4.9	5:35	0.4	5:41	1.1	5:43	8:20	
23	Sun			12:31	4.7	6:09	0.5	6:24	1.2	5:44	8:20	
24	Mon	12:20	4.7	1:12	4.8	6:44	0.7	7:13	1.2	5:45	8:19	
25	Tue	1:08	4.5	1:56	4.9	7:25	0.8	8:11	1.2	5:46	8:18	
26	Wed	2:01	4.4	2:45	5.1	8:15	0.9	9:16	1.1	5:47	8:17	
27	Thu	3:00	4.3	3:39	5.3	9:16	0.9	10:22	0.9	5:48	8:16	
28	Fri	4:03	4.2	4:38	5.5	10:19	0.8	11:23	0.6	5:49	8:15	
29	Sat	5:09	4.3	5:40	5.8	11:19	0.6			5:49	8:14	
30	Sun	6:13	4.5	6:41	6.1	12:21	0.3	12:17	0.4	5:50	8:13	
31	Mon	7:13	4.8	7:37	6.4	1:17	0.0	1:14	0.1	5:51	8:12	