US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:26	5.7	6:03	4.6			12:03	-0.4	7:19	4:39	
2	Fri	6:24	5.9	6:59	4.8	12:04	-0.5	12:59	-0.6	7:19	4:40	
3	Sat	7:19	6.0	7:53	4.9	1:00	-0.6	1:53	-0.7	7:19	4:41	
4	Sun	8:10	5.9	8:44	5.0	1:54	-0.6	2:44	-0.8	7:19	4:42	
5	Mon	8:59	5.8	9:35	5.0	2:46	-0.6	3:31	-0.7	7:19	4:43	
6	Tue	9:48	5.6	10:25	4.9	3:36	-0.4	4:16	-0.6	7:19	4:44	
7	Wed	10:36	5.2	11:14	4.9	4:24	-0.2	4:59	-0.4	7:19	4:44	
8	Thu	11:24	4.8			5:13	0.1	5:42	-0.2	7:19	4:45	
9	Fri	12:02	4.8	12:12	4.5	6:03	0.3	6:26	0.1	7:18	4:46	
10	Sat	12:50	4.7	1:01	4.1	6:56	0.5	7:14	0.3	7:18	4:48	
11	Sun	1:37	4.6	1:52	3.9	7:53	0.7	8:06	0.5	7:18	4:49	
12	Mon	2:25	4.5	2:45	3.7	8:52	0.7	9:00	0.6	7:18	4:50	
13	Tue	3:16	4.5	3:40	3.7	9:47	0.6	9:53	0.6	7:17	4:51	
14	Wed	4:09	4.5	4:37	3.7	10:40	0.5	10:43	0.6	7:17	4:52	
15	Thu	5:02	4.6	5:30	3.8	11:29	0.4	11:32	0.5	7:17	4:53	
16	Fri	5:52	4.7	6:20	4.0			12:17	0.2	7:16	4:54	
17	Sat	6:37	4.9	7:05	4.1	12:18	0.4	1:03	0.0	7:16	4:55	
18	Sun	7:18	5.1	7:46	4.2	1:03	0.3	1:46	-0.2	7:15	4:56	
19	Mon	7:57	5.2	8:26	4.4	1:46	0.2	2:27	-0.3	7:15	4:57	
20	Tue	8:35	5.2	9:05	4.5	2:28	0.1	3:06	-0.4	7:14	4:59	
21	Wed	9:14	5.2	9:44	4.6	3:09	0.1	3:43	-0.4	7:13	5:00	
22	Thu	9:56	5.1	10:25	4.8	3:50	0.1	4:20	-0.4	7:13	5:01	
23	Fri	10:41	4.9	11:10	4.9	4:33	0.1	4:58	-0.3	7:12	5:02	
24	Sat	11:31	4.6			5:21	0.1	5:41	-0.1	7:11	5:03	
25	Sun	12:00	5.0	12:27	4.4	6:18	0.2	6:32	0.1	7:11	5:05	
26	Mon	12:55	5.0	1:27	4.2	7:24	0.3	7:34	0.2	7:10	5:06	
27	Tue	1:55	5.0	2:32	4.1	8:38	0.3	8:44	0.2	7:09	5:07	
28	Wed	3:00	5.1	3:41	4.1	9:48	0.2	9:52	0.1	7:08	5:08	
29	Thu	4:08	5.2	4:49	4.2	10:53	0.0	10:55	-0.1	7:07	5:09	
30	Fri	5:13	5.4	5:51	4.5	11:52	-0.2	11:53	-0.3	7:06	5:11	
31	Sat	6:12	5.6	6:47	4.8			12:46	-0.5	7:05	5:12	