US HARBORS www.USHarbors.com

Sheepshead Bay, NY - May 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:21	4.9	8:39	5.8	2:19	0.1	2:22	0.3	5:54	7:51	
2	Sat	9:01	4.8	9:15	5.6	2:59	0.1	3:00	0.4	5:52	7:52	
3	Sun	9:40	4.6	9:51	5.5	3:39	0.2	3:38	0.6	5:51	7:53	
4	Mon	10:18	4.5	10:27	5.3	4:17	0.3	4:14	0.8	5:50	7:54	
5	Tue	10:58	4.3	11:04	5.1	4:57	0.5	4:51	1.0	5:49	7:55	
6	Wed	11:41	4.1	11:45	4.9	5:37	0.6	5:28	1.2	5:48	7:56	
7	Thu			12:29	4.0	6:20	0.8	6:10	1.4	5:46	7:57	
8	Fri	12:32	4.8	1:22	4.0	7:10	0.8	7:02	1.5	5:45	7:58	
9	Sat	1:24	4.7	2:16	4.1	8:05	0.8	8:10	1.5	5:44	7:59	
10	Sun	2:20	4.7	3:10	4.4	9:03	0.8	9:22	1.4	5:43	8:00	
11	Mon	3:19	4.7	4:04	4.7	9:58	0.6	10:27	1.0	5:42	8:01	
12	Tue	4:19	4.7	4:56	5.2	10:49	0.4	11:24	0.6	5:41	8:02	
13	Wed	5:19	4.8	5:49	5.7	11:37	0.2			5:40	8:03	
14	Thu	6:17	5.0	6:40	6.1	12:19	0.2	12:25	0.0	5:39	8:04	
15	Fri	7:12	5.1	7:30	6.4	1:11	-0.1	1:14	-0.1	5:38	8:05	
16	Sat	8:05	5.2	8:21	6.6	2:04	-0.4	2:05	-0.2	5:37	8:06	
17	Sun	8:57	5.2	9:12	6.6	2:57	-0.5	2:57	-0.2	5:36	8:07	
18	Mon	9:49	5.2	10:04	6.4	3:50	-0.4	3:50	-0.2	5:35	8:08	
19	Tue	10:44	5.1	10:59	6.2	4:43	-0.4	4:43	0.0	5:35	8:09	
20	Wed	11:42	5.0	11:56	5.9	5:36	-0.2	5:38	0.2	5:34	8:10	
21	Thu			12:42	5.0	6:31	0.0	6:36	0.5	5:33	8:11	
22	Fri	12:54	5.6	1:41	5.0	7:28	0.1	7:39	0.7	5:32	8:12	
23	Sat	1:51	5.3	2:39	5.0	8:26	0.2	8:46	0.9	5:32	8:13	
24	Sun	2:47	5.0	3:34	5.2	9:23	0.3	9:50	0.9	5:31	8:13	
25	Mon	3:43	4.8	4:27	5.3	10:15	0.3	10:48	0.8	5:30	8:14	
26	Tue	4:38	4.7	5:17	5.4	11:02	0.3	11:39	0.6	5:30	8:15	
27	Wed	5:31	4.6	6:04	5.5	11:45	0.4			5:29	8:16	
28	Thu	6:22	4.5	6:48	5.6	12:25	0.5	12:27	0.4	5:28	8:17	
29	Fri	7:10	4.5	7:30	5.6	1:09	0.4	1:09	0.5	5:28	8:18	
30	Sat	7:54	4.5	8:10	5.6	1:52	0.3	1:50	0.6	5:27	8:18	
31	Sun	8:36	4.5	8:49	5.5	2:34	0.3	2:31	0.7	5:27	8:19	