US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	9:37	4.4	9:41	5.4	3:37	0.3	3:30	0.9	5:28	8:30	
2	Thu	10:17	4.4	10:17	5.4	4:17	0.2	4:10	1.0	5:29	8:30	
3	Fri	10:57	4.5	10:55	5.3	4:55	0.2	4:49	1.0	5:29	8:30	
4	Sat	11:38	4.6	11:37	5.1	5:31	0.2	5:30	1.1	5:30	8:29	
5	Sun			12:21	4.7	6:08	0.3	6:16	1.1	5:31	8:29	
6	Mon	12:24	5.0	1:07	4.9	6:48	0.3	7:10	1.0	5:31	8:29	
7	Tue	1:17	4.8	1:56	5.2	7:34	0.4	8:14	1.0	5:32	8:29	
8	Wed	2:14	4.6	2:49	5.4	8:28	0.5	9:24	0.9	5:32	8:28	
9	Thu	3:15	4.5	3:47	5.6	9:29	0.5	10:32	0.6	5:33	8:28	
10	Fri	4:20	4.5	4:49	5.8	10:31	0.4	11:35	0.4	5:34	8:28	
11	Sat	5:26	4.6	5:52	6.1	11:31	0.2			5:35	8:27	
12	Sun	6:30	4.7	6:53	6.3	12:34	0.2	12:30	0.0	5:35	8:27	
13	Mon	7:30	4.9	7:50	6.4	1:32	-0.1	1:28	-0.1	5:36	8:26	
14	Tue	8:26	5.2	8:43	6.5	2:27	-0.3	2:25	-0.2	5:37	8:26	
15	Wed	9:20	5.4	9:34	6.4	3:20	-0.4	3:20	-0.2	5:38	8:25	
16	Thu	10:12	5.5	10:23	6.2	4:09	-0.5	4:13	0.0	5:38	8:24	
17	Fri	11:04	5.5	11:12	5.8	4:55	-0.5	5:04	0.1	5:39	8:24	
18	Sat	11:54	5.5			5:39	-0.3	5:54	0.4	5:40	8:23	
19	Sun	12:01	5.5	12:44	5.4	6:23	-0.1	6:45	0.7	5:41	8:22	
20	Mon	12:51	5.1	1:33	5.3	7:07	0.2	7:39	0.9	5:42	8:22	
21	Tue	1:41	4.7	2:21	5.2	7:54	0.5	8:36	1.1	5:43	8:21	
22	Wed	2:32	4.4	3:10	5.1	8:45	0.8	9:36	1.1	5:43	8:20	
23	Thu	3:25	4.2	4:00	5.1	9:38	0.9	10:33	1.1	5:44	8:19	
24	Fri	4:20	4.1	4:53	5.1	10:32	1.0	11:26	1.0	5:45	8:18	
25	Sat	5:17	4.1	5:45	5.1	11:23	1.0			5:46	8:18	
26	Sun	6:12	4.1	6:35	5.3	12:15	0.8	12:12	0.9	5:47	8:17	
27	Mon	7:03	4.3	7:20	5.4	1:03	0.7	12:58	0.8	5:48	8:16	
28	Tue	7:50	4.4	8:02	5.5	1:48	0.5	1:43	0.8	5:49	8:15	
29	Wed	8:32	4.6	8:40	5.6	2:31	0.3	2:27	0.8	5:50	8:14	
30	Thu	9:12	4.7	9:17	5.6	3:11	0.1	3:09	0.8	5:51	8:13	
31	Fri	9:50	4.8	9:53	5.6	3:49	0.1	3:50	0.7	5:52	8:12	