

































## Sheepshead Bay, NY - Aug 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:27	5.0	10:31	5.4	4:25	0.0	4:30	0.7	5:53	8:11	
2	Sun	11:05	5.1	11:13	5.2	5:00	0.1	5:11	0.7	5:53	8:10	
3	Mon	11:47	5.2			5:35	0.2	5:56	0.8	5:54	8:08	
4	Tue	12:00	5.0	12:33	5.3	6:14	0.3	6:47	0.8	5:55	8:07	
5	Wed	12:53	4.8	1:26	5.4	6:59	0.5	7:50	0.9	5:56	8:06	
6	Thu	1:52	4.5	2:24	5.5	7:56	0.6	9:03	0.9	5:57	8:05	
7	Fri	2:56	4.4	3:27	5.6	9:04	0.6	10:16	0.8	5:58	8:04	
8	Sat	4:04	4.4	4:33	5.7	10:14	0.5	11:23	0.6	5:59	8:03	
9	Sun	5:12	4.5	5:39	5.9	11:19	0.3			6:00	8:01	
10	Mon	6:18	4.8	6:40	6.2	12:23	0.3	12:19	0.1	6:01	8:00	
11	Tue	7:17	5.1	7:35	6.3	1:18	0.0	1:16	0.0	6:02	7:59	
12	Wed	8:11	5.4	8:25	6.4	2:09	-0.3	2:11	-0.1	6:03	7:57	
13	Thu	9:01	5.7	9:13	6.3	2:57	-0.4	3:03	-0.1	6:04	7:56	
14	Fri	9:48	5.8	9:58	6.0	3:42	-0.5	3:52	0.0	6:05	7:55	
15	Sat	10:34	5.8	10:43	5.7	4:23	-0.4	4:39	0.1	6:06	7:53	
16	Sun	11:19	5.7	11:29	5.3	5:03	-0.2	5:24	0.4	6:07	7:52	
17	Mon			12:04	5.5	5:43	0.1	6:10	0.6	6:08	7:51	
18	Tue	12:15	4.9	12:50	5.3	6:23	0.5	6:58	0.9	6:09	7:49	
19	Wed	1:04	4.5	1:38	5.1	7:06	0.8	7:52	1.2	6:10	7:48	
20	Thu	1:55	4.2	2:29	4.9	7:57	1.1	8:54	1.3	6:11	7:46	
21	Fri	2:49	4.0	3:22	4.9	8:56	1.3	9:58	1.4	6:12	7:45	
22	Sat	3:47	4.0	4:18	4.9	9:58	1.3	10:56	1.2	6:13	7:43	
23	Sun	4:46	4.0	5:14	5.0	10:55	1.2	11:48	1.0	6:14	7:42	
24	Mon	5:44	4.2	6:05	5.2	11:46	1.1			6:15	7:40	
25	Tue	6:36	4.4	6:52	5.4	12:35	0.7	12:34	0.9	6:16	7:39	
26	Wed	7:22	4.7	7:33	5.6	1:18	0.4	1:19	0.8	6:17	7:37	
27	Thu	8:03	4.9	8:13	5.7	1:59	0.2	2:03	0.6	6:18	7:36	
28	Fri	8:41	5.2	8:51	5.7	2:38	0.0	2:45	0.5	6:19	7:34	
29	Sat	9:18	5.4	9:29	5.7	3:15	-0.1	3:27	0.4	6:20	7:32	
30	Sun	9:54	5.6	10:09	5.5	3:51	-0.1	4:09	0.4	6:21	7:31	
31	Mon	10:33	5.7	10:52	5.2	4:28	0.0	4:52	0.4	6:22	7:29	