US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:52	5.6	5:21	4.7	11:22	-0.4	11:31	-0.4	7:19	4:39	
2	Wed	5:51	5.8	6:19	4.8			12:18	-0.6	7:19	4:40	
3	Thu	6:45	5.9	7:13	5.0	12:27	-0.6	1:11	-0.8	7:19	4:41	
4	Fri	7:36	6.0	8:04	5.1	1:20	-0.6	2:02	-0.8	7:19	4:42	
5	Sat	8:25	5.9	8:53	5.1	2:11	-0.6	2:50	-0.9	7:19	4:43	
6	Sun	9:12	5.7	9:41	5.1	3:00	-0.5	3:34	-0.8	7:19	4:44	
7	Mon	9:58	5.4	10:28	4.9	3:47	-0.3	4:17	-0.6	7:19	4:45	
8	Tue	10:45	5.0	11:14	4.8	4:32	-0.1	4:58	-0.4	7:19	4:46	
9	Wed	11:32	4.7			5:18	0.2	5:40	-0.1	7:18	4:47	
10	Thu	12:00	4.7	12:19	4.3	6:07	0.4	6:24	0.2	7:18	4:48	
11	Fri	12:46	4.6	1:08	4.1	7:00	0.7	7:13	0.4	7:18	4:49	
12	Sat	1:34	4.5	1:59	3.9	7:58	0.8	8:07	0.5	7:18	4:50	
13	Sun	2:23	4.4	2:53	3.8	8:58	0.8	9:03	0.6	7:17	4:51	
14	Mon	3:15	4.4	3:50	3.8	9:54	0.7	9:56	0.5	7:17	4:52	
15	Tue	4:09	4.5	4:46	3.9	10:46	0.5	10:47	0.4	7:17	4:53	
16	Wed	5:01	4.7	5:38	4.0	11:35	0.3	11:36	0.3	7:16	4:54	
17	Thu	5:50	4.9	6:26	4.2			12:22	0.1	7:16	4:55	
18	Fri	6:35	5.1	7:11	4.4	12:22	0.1	1:07	-0.2	7:15	4:56	
19	Sat	7:17	5.3	7:52	4.6	1:08	0.0	1:50	-0.3	7:15	4:57	
20	Sun	7:58	5.4	8:33	4.8	1:52	-0.1	2:31	-0.5	7:14	4:59	
21	Mon	8:39	5.4	9:14	4.9	2:36	-0.2	3:10	-0.5	7:13	5:00	
22	Tue	9:21	5.3	9:56	5.0	3:20	-0.3	3:49	-0.5	7:13	5:01	
23	Wed	10:06	5.2	10:42	5.1	4:04	-0.3	4:29	-0.5	7:12	5:02	
24	Thu	10:55	4.9	11:32	5.2	4:52	-0.2	5:12	-0.3	7:11	5:03	
25	Fri	11:49	4.7			5:44	-0.1	6:01	-0.1	7:11	5:05	
26	Sat	12:26	5.2	12:47	4.5	6:44	0.1	6:59	0.0	7:10	5:06	
27	Sun	1:25	5.1	1:50	4.3	7:53	0.2	8:07	0.1	7:09	5:07	
28	Mon	2:27	5.1	2:56	4.2	9:03	0.2	9:16	0.1	7:08	5:08	
29	Tue	3:32	5.2	4:03	4.3	10:09	0.0	10:20	-0.1	7:07	5:09	
30	Wed	4:36	5.3	5:07	4.5	11:08	-0.2	11:19	-0.2	7:06	5:11	
31	Thu	5:36	5.5	6:06	4.8			12:03	-0.4	7:05	5:12	