

































Sheepshead Bay, NY - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:18	5.3	5:49	4.9	11:44	-0.3			6:28	5:47	
2	Sat	6:11	5.4	6:39	5.2	12:00	-0.1	12:31	-0.4	6:27	5:48	
3	Sun	6:59	5.5	7:23	5.4	12:49	-0.2	1:14	-0.5	6:25	5:49	
4	Mon	7:42	5.4	8:04	5.5	1:35	-0.3	1:55	-0.5	6:24	5:50	
5	Tue	8:23	5.3	8:43	5.5	2:17	-0.3	2:33	-0.4	6:22	5:51	
6	Wed	9:03	5.1	9:20	5.4	2:58	-0.2	3:10	-0.3	6:21	5:52	
7	Thu	9:42	4.9	9:56	5.2	3:36	-0.1	3:45	-0.1	6:19	5:53	
8	Fri	10:22	4.6	10:33	5.0	4:13	0.1	4:20	0.2	6:17	5:54	
9	Sat	11:03	4.3	11:12	4.8	4:51	0.4	4:57	0.5	6:16	5:55	
10	Sun			12:47	4.1	6:32	0.6	6:37	0.7	7:14	6:57	
11	Mon	12:55	4.6	1:36	3.9	7:21	0.9	7:26	1.0	7:13	6:58	
12	Tue	1:44	4.5	2:31	3.8	8:22	1.0	8:29	1.1	7:11	6:59	
13	Wed	2:39	4.4	3:31	3.8	9:30	1.0	9:37	1.1	7:09	7:00	
14	Thu	3:40	4.5	4:32	4.0	10:33	0.8	10:41	0.9	7:08	7:01	
15	Fri	4:41	4.6	5:30	4.3	11:28	0.5	11:37	0.6	7:06	7:02	
16	Sat	5:40	4.9	6:23	4.7			12:17	0.2	7:05	7:03	
17	Sun	6:35	5.2	7:11	5.2	12:30	0.2	1:03	-0.1	7:03	7:04	
18	Mon	7:25	5.4	7:56	5.6	1:20	-0.1	1:47	-0.4	7:01	7:05	
19	Tue	8:13	5.6	8:40	6.0	2:09	-0.5	2:31	-0.5	7:00	7:06	
20	Wed	8:59	5.6	9:25	6.2	2:58	-0.7	3:15	-0.6	6:58	7:07	
21	Thu	9:46	5.6	10:11	6.3	3:46	-0.8	4:00	-0.6	6:56	7:08	
22	Fri	10:35	5.4	11:00	6.2	4:34	-0.7	4:45	-0.5	6:55	7:09	
23	Sat	11:27	5.2	11:53	5.9	5:24	-0.5	5:33	-0.3	6:53	7:10	
24	Sun			12:23	4.9	6:16	-0.3	6:26	0.0	6:51	7:11	
25	Mon	12:50	5.6	1:22	4.7	7:14	0.1	7:27	0.4	6:50	7:13	
26	Tue	1:51	5.4	2:25	4.6	8:20	0.3	8:37	0.6	6:48	7:14	
27	Wed	2:53	5.2	3:29	4.6	9:28	0.4	9:49	0.6	6:46	7:15	
28	Thu	3:56	5.0	4:33	4.7	10:32	0.3	10:54	0.5	6:45	7:16	
29	Fri	4:57	5.0	5:32	4.9	11:28	0.1	11:51	0.4	6:43	7:17	
30	Sat	5:55	5.1	6:26	5.2			12:16	0.0	6:41	7:18	
31	Sun	6:47	5.2	7:13	5.4	12:42	0.2	1:00	-0.1	6:40	7:19	