US HARBORS www.USHarbors.com

Sheepshead Bay, NY - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**9:03**	4.6	**9:03**	5.6	**3:01**	0.2	**2:55**	0.6	5:28	8:30	
2	Tue	**9:43**	4.7	**9:39**	5.6	**3:41**	0.2	**3:37**	0.7	5:29	8:30	
3	Wed	**10:23**	4.7	**10:17**	5.5	**4:20**	0.1	**4:18**	0.7	5:29	8:30	
4	Thu	**11:04**	4.8	**10:58**	5.4	**4:57**	0.1	**4:59**	0.7	5:30	8:29	
5	Fri	**11:47**	4.9	**11:43**	5.3	**5:34**	0.1	**5:44**	0.7	5:31	8:29	
6	Sat			**12:33**	5.1	**6:13**	0.2	**6:33**	0.8	5:31	8:29	
7	Sun	**12:35**	5.1	**1:23**	5.2	**6:57**	0.3	**7:32**	0.8	5:32	8:29	
8	Mon	**1:31**	4.9	**2:17**	5.4	**7:49**	0.4	**8:38**	0.8	5:33	8:28	
9	Tue	**2:31**	4.7	**3:14**	5.6	**8:50**	0.4	**9:47**	0.6	5:33	8:28	
10	Wed	**3:34**	4.7	**4:15**	5.8	**9:54**	0.3	**10:52**	0.4	5:34	8:28	
11	Thu	**4:40**	4.7	**5:17**	6.0	**10:57**	0.2	**11:53**	0.1	5:35	8:27	
12	Fri	**5:46**	4.8	**6:18**	6.2	**11:56**	0.0			5:35	8:27	
13	Sat	**6:48**	5.0	**7:16**	6.4	**12:50**	-0.1	**12:54**	-0.1	5:36	8:26	
14	Sun	**7:45**	5.2	**8:09**	6.5	**1:45**	-0.3	**1:50**	-0.2	5:37	8:26	
15	Mon	**8:39**	5.4	**9:00**	6.5	**2:38**	-0.5	**2:44**	-0.2	5:38	8:25	
16	Tue	**9:31**	5.6	**9:48**	6.3	**3:28**	-0.6	**3:37**	-0.1	5:38	8:24	
17	Wed	**10:20**	5.6	**10:36**	6.0	**4:14**	-0.6	**4:27**	0.0	5:39	8:24	
18	Thu	**11:09**	5.5	**11:24**	5.7	**4:59**	-0.5	**5:15**	0.3	5:40	8:23	
19	Fri	**11:58**	5.4			**5:41**	-0.3	**6:03**	0.5	5:41	8:22	
20	Sat	**12:12**	5.3	**12:45**	5.3	**6:24**	0.0	**6:52**	0.8	5:42	8:22	
21	Sun	**1:01**	4.9	**1:33**	5.2	**7:08**	0.3	**7:45**	1.0	5:43	8:21	
22	Mon	**1:51**	4.6	**2:21**	5.1	**7:55**	0.6	**8:43**	1.2	5:43	8:20	
23	Tue	**2:42**	4.3	**3:10**	5.0	**8:48**	0.8	**9:44**	1.2	5:44	8:19	
24	Wed	**3:35**	4.2	**4:01**	5.0	**9:42**	0.9	**10:41**	1.1	5:45	8:18	
25	Thu	**4:31**	4.1	**4:53**	5.1	**10:36**	0.9	**11:33**	1.0	5:46	8:18	
26	Fri	**5:27**	4.2	**5:45**	5.2	**11:27**	0.8			5:47	8:17	
27	Sat	**6:20**	4.3	**6:33**	5.3	**12:21**	0.8	**12:15**	0.7	5:48	8:16	
28	Sun	**7:10**	4.5	**7:18**	5.5	**1:07**	0.5	**1:02**	0.6	5:49	8:15	
29	Mon	**7:55**	4.7	**7:59**	5.6	**1:51**	0.3	**1:47**	0.6	5:50	8:14	
30	Tue	**8:36**	4.9	**8:38**	5.7	**2:33**	0.2	**2:31**	0.5	5:51	8:13	
31	Wed	**9:16**	5.0	**9:17**	5.8	**3:13**	0.0	**3:15**	0.4	5:52	8:12	