

































Sheepshead Bay, NY - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:02	4.6	5:37	6.0	11:17	0.2			5:28	8:30	
2	Wed	6:05	4.8	6:35	6.3	12:12	0.1	12:14	0.0	5:29	8:30	
3	Thu	7:05	5.1	7:32	6.5	1:08	-0.2	1:10	-0.2	5:29	8:30	
4	Fri	8:02	5.3	8:25	6.7	2:02	-0.5	2:07	-0.3	5:30	8:30	
5	Sat	8:56	5.5	9:17	6.7	2:56	-0.7	3:02	-0.4	5:30	8:29	
6	Sun	9:49	5.7	10:09	6.5	3:47	-0.8	3:57	-0.3	5:31	8:29	
7	Mon	10:42	5.8	11:01	6.3	4:36	-0.8	4:50	-0.2	5:32	8:29	
8	Tue	11:36	5.7	11:53	5.9	5:24	-0.7	5:43	0.1	5:32	8:28	
9	Wed			12:30	5.7	6:12	-0.5	6:38	0.3	5:33	8:28	
10	Thu	12:46	5.5	1:23	5.6	7:01	-0.2	7:35	0.6	5:34	8:28	
11	Fri	1:40	5.1	2:15	5.5	7:53	0.1	8:36	0.8	5:34	8:27	
12	Sat	2:34	4.8	3:07	5.4	8:47	0.3	9:38	0.9	5:35	8:27	
13	Sun	3:29	4.6	3:59	5.3	9:42	0.5	10:37	0.9	5:36	8:26	
14	Mon	4:25	4.4	4:52	5.3	10:35	0.6	11:30	0.8	5:37	8:26	
15	Tue	5:21	4.4	5:44	5.3	11:25	0.6			5:37	8:25	
16	Wed	6:15	4.4	6:33	5.4	12:18	0.7	12:12	0.6	5:38	8:25	
17	Thu	7:05	4.5	7:18	5.5	1:04	0.5	12:58	0.6	5:39	8:24	
18	Fri	7:52	4.7	8:00	5.5	1:48	0.4	1:43	0.6	5:40	8:23	
19	Sat	8:34	4.7	8:38	5.5	2:30	0.3	2:26	0.6	5:41	8:23	
20	Sun	9:15	4.8	9:15	5.5	3:10	0.2	3:08	0.6	5:41	8:22	
21	Mon	9:53	4.8	9:50	5.4	3:47	0.2	3:49	0.7	5:42	8:21	
22	Tue	10:31	4.9	10:24	5.3	4:23	0.2	4:28	0.7	5:43	8:20	
23	Wed	11:08	4.9	11:02	5.1	4:58	0.2	5:07	0.8	5:44	8:19	
24	Thu	11:47	4.9	11:44	5.0	5:32	0.3	5:48	0.8	5:45	8:19	
25	Fri			12:30	5.0	6:07	0.4	6:35	0.9	5:46	8:18	
26	Sat	12:33	4.8	1:18	5.2	6:48	0.5	7:31	0.9	5:47	8:17	
27	Sun	1:28	4.7	2:12	5.3	7:40	0.6	8:38	0.9	5:48	8:16	
28	Mon	2:28	4.5	3:10	5.5	8:44	0.6	9:48	0.8	5:49	8:15	
29	Tue	3:33	4.5	4:12	5.7	9:52	0.5	10:53	0.5	5:50	8:14	
30	Wed	4:40	4.6	5:16	6.0	10:56	0.3	11:53	0.2	5:50	8:13	
31	Thu	5:46	4.9	6:17	6.3	11:57	0.1			5:51	8:12	