


































Sheepshead Bay, NY - Mar 2024

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 4:39 | 5.1 | 5:16 | 4.8 | 11:14 | 0.0 | 11:23 | 0.0 | 6:28 | 5:47 |  |
| 2 | Thu | 5:36 | 5.2 | 6:09 | 5.0 | | | 12:04 | -0.2 | 6:27 | 5:48 |  |
| 3 | Fri | 6:26 | 5.3 | 6:56 | 5.2 | 12:13 | -0.1 | 12:49 | -0.3 | 6:25 | 5:49 |  |
| 4 | Sat | 7:11 | 5.4 | 7:39 | 5.3 | 1:00 | -0.2 | 1:31 | -0.4 | 6:24 | 5:50 |  |
| 5 | Sun | 7:52 | 5.3 | 8:19 | 5.3 | 1:44 | -0.2 | 2:10 | -0.3 | 6:22 | 5:51 |  |
| 6 | Mon | 8:31 | 5.2 | 8:57 | 5.3 | 2:25 | -0.2 | 2:47 | -0.3 | 6:21 | 5:52 |  |
| 7 | Tue | 9:09 | 5.1 | 9:33 | 5.2 | 3:04 | -0.2 | 3:22 | -0.1 | 6:19 | 5:53 |  |
| 8 | Wed | 9:46 | 4.8 | 10:10 | 5.1 | 3:42 | 0.0 | 3:56 | 0.1 | 6:17 | 5:54 |  |
| 9 | Thu | 10:24 | 4.6 | 10:46 | 4.9 | 4:20 | 0.1 | 4:30 | 0.3 | 6:16 | 5:55 |  |
| 10 | Fri | 11:03 | 4.4 | 11:25 | 4.7 | 4:58 | 0.4 | 5:06 | 0.6 | 6:14 | 5:57 |  |
| 11 | Sat | 11:46 | 4.2 | | | 5:40 | 0.6 | 5:45 | 0.8 | 6:13 | 5:58 |  |
| 12 | Sun | 12:09 | 4.6 | 1:36 | 4.0 | 7:30 | 0.7 | 7:36 | 1.0 | 7:11 | 6:59 |  |
| 13 | Mon | 1:59 | 4.5 | 2:31 | 4.0 | 8:31 | 0.8 | 8:41 | 1.1 | 7:09 | 7:00 |  |
| 14 | Tue | 2:56 | 4.5 | 3:32 | 4.0 | 9:37 | 0.8 | 9:50 | 1.0 | 7:08 | 7:01 |  |
| 15 | Wed | 3:57 | 4.7 | 4:34 | 4.2 | 10:40 | 0.6 | 10:53 | 0.7 | 7:06 | 7:02 |  |
| 16 | Thu | 4:59 | 4.9 | 5:35 | 4.5 | 11:35 | 0.2 | 11:51 | 0.4 | 7:04 | 7:03 |  |
| 17 | Fri | 5:59 | 5.2 | 6:30 | 5.0 | | | 12:27 | -0.1 | 7:03 | 7:04 |  |
| 18 | Sat | 6:54 | 5.5 | 7:22 | 5.4 | 12:44 | 0.0 | 1:16 | -0.4 | 7:01 | 7:05 |  |
| 19 | Sun | 7:46 | 5.8 | 8:10 | 5.9 | 1:36 | -0.4 | 2:03 | -0.7 | 7:00 | 7:06 |  |
| 20 | Mon | 8:35 | 5.9 | 8:57 | 6.2 | 2:28 | -0.7 | 2:50 | -0.9 | 6:58 | 7:07 |  |
| 21 | Tue | 9:23 | 6.0 | 9:44 | 6.3 | 3:18 | -0.8 | 3:37 | -0.9 | 6:56 | 7:08 |  |
| 22 | Wed | 10:12 | 5.8 | 10:33 | 6.3 | 4:07 | -0.9 | 4:23 | -0.9 | 6:55 | 7:09 |  |
| 23 | Thu | 11:03 | 5.6 | 11:23 | 6.1 | 4:57 | -0.8 | 5:11 | -0.7 | 6:53 | 7:10 |  |
| 24 | Fri | 11:57 | 5.4 | | | 5:48 | -0.5 | 6:01 | -0.4 | 6:51 | 7:12 |  |
| 25 | Sat | 12:17 | 5.9 | 12:54 | 5.1 | 6:42 | -0.2 | 6:55 | 0.0 | 6:50 | 7:13 |  |
| 26 | Sun | 1:14 | 5.6 | 1:53 | 4.8 | 7:42 | 0.1 | 7:56 | 0.3 | 6:48 | 7:14 |  |
| 27 | Mon | 2:13 | 5.3 | 2:54 | 4.7 | 8:49 | 0.3 | 9:04 | 0.5 | 6:46 | 7:15 |  |
| 28 | Tue | 3:14 | 5.1 | 3:56 | 4.7 | 9:56 | 0.4 | 10:10 | 0.6 | 6:45 | 7:16 |  |
| 29 | Wed | 4:15 | 4.9 | 4:57 | 4.8 | 10:56 | 0.3 | 11:11 | 0.5 | 6:43 | 7:17 |  |
| 30 | Thu | 5:15 | 4.9 | 5:53 | 4.9 | 11:49 | 0.2 | | | 6:41 | 7:18 |  |
| 31 | Fri | 6:10 | 5.0 | 6:44 | 5.2 | 12:04 | 0.4 | 12:35 | 0.1 | 6:40 | 7:19 |  |