

























Sheepshead Bay, NY - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:10	4.2	11:33	4.7	5:06	0.4	5:09	0.6	6:29	5:46	
2	Mon	11:52	3.9			5:47	0.6	5:46	0.8	6:27	5:47	
3	Tue	12:15	4.5	12:41	3.7	6:37	0.9	6:34	1.1	6:26	5:49	
4	Wed	1:05	4.4	1:37	3.6	7:41	1.0	7:41	1.2	6:24	5:50	
5	Thu	2:03	4.3	2:41	3.6	8:51	1.0	8:55	1.2	6:22	5:51	
6	Fri	3:07	4.4	3:48	3.7	9:56	0.8	10:00	1.0	6:21	5:52	
7	Sat	4:11	4.7	4:50	4.0	10:53	0.4	10:57	0.6	6:19	5:53	
8	Sun	6:10	5.0	6:45	4.4			12:43	0.1	7:18	6:54	
9	Mon	7:03	5.4	7:33	4.9	12:50	0.3	1:29	-0.3	7:16	6:55	
10	Tue	7:52	5.6	8:18	5.4	1:41	-0.1	2:14	-0.5	7:15	6:56	
11	Wed	8:38	5.7	9:02	5.8	2:31	-0.4	2:57	-0.7	7:13	6:57	
12	Thu	9:24	5.7	9:45	6.0	3:19	-0.6	3:39	-0.8	7:11	6:59	
13	Fri	10:10	5.6	10:30	6.1	4:07	-0.7	4:21	-0.7	7:10	7:00	
14	Sat	10:58	5.3	11:18	6.0	4:55	-0.6	5:05	-0.5	7:08	7:01	
15	Sun	11:50	5.0			5:44	-0.4	5:52	-0.2	7:06	7:02	
16	Mon	12:10	5.7	12:46	4.7	6:37	0.0	6:44	0.1	7:05	7:03	
17	Tue	1:07	5.4	1:47	4.4	7:38	0.3	7:46	0.5	7:03	7:04	
18	Wed	2:09	5.1	2:51	4.2	8:49	0.6	8:58	0.7	7:01	7:05	
19	Thu	3:14	4.9	3:58	4.2	10:04	0.6	10:10	0.7	7:00	7:06	
20	Fri	4:20	4.8	5:04	4.3	11:09	0.5	11:15	0.6	6:58	7:07	
21	Sat	5:24	4.9	6:05	4.6			12:04	0.3	6:57	7:08	
22	Sun	6:21	5.0	6:57	4.9	12:11	0.5	12:51	0.1	6:55	7:09	
23	Mon	7:10	5.1	7:42	5.2	1:01	0.3	1:33	-0.1	6:53	7:10	
24	Tue	7:54	5.2	8:22	5.4	1:46	0.2	2:11	-0.1	6:52	7:11	
25	Wed	8:34	5.1	8:59	5.5	2:29	0.0	2:47	-0.1	6:50	7:12	
26	Thu	9:12	5.0	9:34	5.5	3:09	0.0	3:22	0.0	6:48	7:13	
27	Fri	9:48	4.9	10:07	5.4	3:47	0.0	3:55	0.1	6:47	7:14	
28	Sat	10:23	4.7	10:39	5.3	4:23	0.1	4:27	0.3	6:45	7:16	
29	Sun	10:58	4.5	11:12	5.1	4:58	0.2	4:59	0.6	6:43	7:17	
30	Mon	11:36	4.2	11:48	4.9	5:35	0.4	5:31	0.8	6:42	7:18	
31	Tue			12:18	4.0	6:14	0.7	6:05	1.1	6:40	7:19	