

































Sheepshead Bay, NY - Jul 2023

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 3:03 | 4.8 | 3:38 | 5.6 | 9:21 | 0.3 | 10:16 | 0.6 | 5:28 | 8:30 |  |
| 2 | Thu | 4:05 | 4.7 | 4:37 | 5.9 | 10:20 | 0.2 | 11:18 | 0.4 | 5:29 | 8:30 |  |
| 3 | Fri | 5:09 | 4.7 | 5:37 | 6.0 | 11:18 | 0.1 | | | 5:29 | 8:30 |  |
| 4 | Sat | 6:13 | 4.7 | 6:37 | 6.2 | 12:17 | 0.2 | 12:15 | 0.0 | 5:30 | 8:30 |  |
| 5 | Sun | 7:13 | 4.9 | 7:33 | 6.3 | 1:15 | 0.0 | 1:11 | 0.0 | 5:31 | 8:29 |  |
| 6 | Mon | 8:10 | 5.0 | 8:27 | 6.3 | 2:10 | -0.1 | 2:07 | 0.0 | 5:31 | 8:29 |  |
| 7 | Tue | 9:03 | 5.1 | 9:18 | 6.3 | 3:04 | -0.2 | 3:01 | 0.0 | 5:32 | 8:29 |  |
| 8 | Wed | 9:56 | 5.1 | 10:07 | 6.1 | 3:55 | -0.3 | 3:53 | 0.1 | 5:32 | 8:28 |  |
| 9 | Thu | 10:47 | 5.1 | 10:55 | 5.8 | 4:43 | -0.3 | 4:44 | 0.3 | 5:33 | 8:28 |  |
| 10 | Fri | 11:38 | 5.1 | 11:43 | 5.5 | 5:27 | -0.2 | 5:32 | 0.5 | 5:34 | 8:28 |  |
| 11 | Sat | | | 12:27 | 5.1 | 6:10 | 0.0 | 6:21 | 0.8 | 5:35 | 8:27 |  |
| 12 | Sun | 12:30 | 5.1 | 1:15 | 5.1 | 6:52 | 0.3 | 7:12 | 1.0 | 5:35 | 8:27 |  |
| 13 | Mon | 1:18 | 4.7 | 2:02 | 5.0 | 7:35 | 0.5 | 8:07 | 1.1 | 5:36 | 8:26 |  |
| 14 | Tue | 2:07 | 4.4 | 2:48 | 5.0 | 8:21 | 0.7 | 9:05 | 1.2 | 5:37 | 8:26 |  |
| 15 | Wed | 2:57 | 4.2 | 3:35 | 5.0 | 9:11 | 0.9 | 10:02 | 1.2 | 5:38 | 8:25 |  |
| 16 | Thu | 3:49 | 4.1 | 4:24 | 5.0 | 10:03 | 0.9 | 10:56 | 1.1 | 5:38 | 8:24 |  |
| 17 | Fri | 4:44 | 4.0 | 5:14 | 5.1 | 10:54 | 1.0 | 11:47 | 0.9 | 5:39 | 8:24 |  |
| 18 | Sat | 5:39 | 4.1 | 6:05 | 5.2 | 11:43 | 0.9 | | | 5:40 | 8:23 |  |
| 19 | Sun | 6:33 | 4.2 | 6:53 | 5.3 | 12:35 | 0.7 | 12:31 | 0.9 | 5:41 | 8:22 |  |
| 20 | Mon | 7:22 | 4.3 | 7:37 | 5.5 | 1:22 | 0.6 | 1:17 | 0.8 | 5:42 | 8:22 |  |
| 21 | Tue | 8:08 | 4.4 | 8:19 | 5.7 | 2:09 | 0.4 | 2:02 | 0.8 | 5:42 | 8:21 |  |
| 22 | Wed | 8:51 | 4.6 | 8:59 | 5.8 | 2:53 | 0.2 | 2:47 | 0.7 | 5:43 | 8:20 |  |
| 23 | Thu | 9:33 | 4.7 | 9:39 | 5.8 | 3:35 | 0.0 | 3:30 | 0.7 | 5:44 | 8:19 |  |
| 24 | Fri | 10:14 | 4.8 | 10:20 | 5.7 | 4:15 | -0.1 | 4:14 | 0.6 | 5:45 | 8:19 |  |
| 25 | Sat | 10:57 | 5.0 | 11:04 | 5.6 | 4:54 | -0.1 | 4:59 | 0.6 | 5:46 | 8:18 |  |
| 26 | Sun | 11:42 | 5.2 | 11:53 | 5.3 | 5:32 | -0.1 | 5:46 | 0.6 | 5:47 | 8:17 |  |
| 27 | Mon | | | 12:30 | 5.4 | 6:13 | 0.0 | 6:39 | 0.7 | 5:48 | 8:16 |  |
| 28 | Tue | 12:46 | 5.1 | 1:22 | 5.5 | 6:58 | 0.2 | 7:39 | 0.8 | 5:49 | 8:15 |  |
| 29 | Wed | 1:43 | 4.8 | 2:17 | 5.6 | 7:52 | 0.3 | 8:48 | 0.8 | 5:50 | 8:14 |  |
| 30 | Thu | 2:44 | 4.6 | 3:16 | 5.7 | 8:54 | 0.4 | 9:59 | 0.8 | 5:51 | 8:13 |  |
| 31 | Fri | 3:48 | 4.5 | 4:18 | 5.7 | 9:59 | 0.4 | 11:05 | 0.6 | 5:52 | 8:12 |  |